

PRENATAL WOMEN'S ESSENTIALS

SD2331, 100 Quick Release Capsules

DIRECTIONS: For adult women, take one (1) quick release capsule daily, preferably with a meal.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor. If seal under cap is damaged or missing, do not use. Store in a cool, dry place.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.



Supplement Facts

Serving Size **1 Capsule**

Servings Per Container **100**

Amount Per Serving	% Daily	Value
Vitamin A <small>(as Retinyl Palmitate)</small>	600 mcg	46%
Vitamin C <small>(as Ascorbic Acid)</small>	100 mg	83%
Vitamin D3 <small>(as Cholecalciferol)</small>	15 mcg (600 IU)	100%
Vitamin E <small>(as d-Alpha Tocopheryl Succinate)</small>	3.3 mg	17%
Thiamin <small>(Vitamin B-1) (as Thiamin Mononitrate)</small>	2 mg	143%
Riboflavin <small>(Vitamin B-2)</small>	3 mg	188%
Niacin <small>(as Niacinamide)</small>	20 mg	111%
Vitamin B-6 <small>(as Pyridoxine Hydrochloride)</small>	3 mg	150%
Folate	1,333 mcg DFE (800 mcg Folic Acid)	222%
Vitamin B-12 <small>(as Cyanocobalamin)</small>	10 mcg	357%
Biotin <small>(as d-Biotin)</small>	150 mcg	429%
Pantothenic Acid <small>(as d-Calcium Pantothenate)</small>	10 mg	143%
Calcium <small>(as Calcium Carbonate)</small>	200 mg	15%
Iron <small>(as Ferrous Sulfate)</small>	27 mg	100%
Zinc <small>(as Zinc Oxide)</small>	15 mg	115%
Manganese <small>(as Manganese Sulfate)</small>	2 mg	77%

*Daily Value not established.

Other Ingredients: Gelatin Capsule, Rice Powder, Vegetable Magnesium Stearate, Silica.

Contains fish (cod, cusk, flounder, haddock, hake, pollack, redfish, sole) ingredients.

No Gluten, No Wheat, No Yeast, No Milk, No Lactose, No Artificial Color, No Artificial Flavor. NON-GMO.

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