



Because Efficacy Matters[®]

Vitamin K2 with D3



ESSENTIAL VITAMINS

30 Capsules
Dietary Supplement

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 30

1 capsule contains	Amount Per Serving	% Daily Value
Vitamin D (D3 as Cholecalciferol)	125 mcg (5,000 IU)	625%
Vitamin K (K2 as Menaquinone -7 (MK-7, MenaQ7 [®] PRO))	45 mcg	38%

Other Ingredients: Natural Vegetable Capsules, Microcrystalline Cellulose, Magnesium Stearate, Silicon Dioxide, and Stearic Acid.

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MenaQ7[®]PRO is a registered trademark of NattoPharma ASA, Norway. Patent pending and granted.

MenaQ7[®]PRO

WARNING: All forms of Vitamin K may interact with blood thinning medications. If you are taking such medications please consult with your physician before taking this product.