



Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 30

	Amount Per Serving	%DV*
Vitamin A (as Retinyl Palmitate and Beta-Carotene)	750 mcg	83%
Vitamin C (Ascorbic Acid)	250 mg	278%
Vitamin D (as Cholecalciferol)	50 mcg	250%
Vitamin E (as D-Alpha Tocopheryl Succinate)	20 mg	133%
Vitamin K (as Menatetrenone)	80 mcg	67%
Thiamin (as Thiamine HCl)	2 mg	167%
Riboflavin	2 mg	154%
Niacin (as Niacin and Niacinamide)	22 mg	138%
Vitamin B6 (as Pyridoxine HCl)	5 mg	294%
Folate (as Calcium 5-Methyltetrahydrofolate)	400 mcg DFE	100%
Vitamin B12 (as Methylcobalamin)	15 mcg	625%
Biotin	300 mcg	1000%
Pantothenic Acid (as D-Calcium Pantothenate)	10 mg	200%
Calcium (as Calcium Carbonate and Calcium D-Glucarate)	260 mg	20%
Iron (as Ferrous Gluconate)	9 mg	50%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	125 mg	30%
Zinc (as Zinc Bisglycinate Chelate)	15 mg	136%
Selenium (as Selenium Citrate)	70 mcg	127%
Copper (as Copper Bisglycinate Chelate)	2 mg	222%
Manganese (as Manganese Bisglycinate Chelate)	2 mg	87%
Chromium (as Chromium Nicotinate Glycinate Chelate)	120 mcg	343%
Molybdenum (as Molybdenum Citrate)	75 mcg	167%
Men's Vitality Support Blend	733 mg	**
Fenugreek Seed Extract, Schisandra Fruit Extract, Calcium D-Glucarate, Oligonol® (Lychee Fruit and Green Tea Leaf Polyphenol Extracts), Rosemary Leaf Extract, Ginger Root Extract, Holy Basil Leaf Extract, N-Acetyl L-Cysteine, Milk Thistle Seed Extract, Tongkat Ali Root, Saw Palmetto Berry		
S7™	50 mg	**
Green Coffee Bean Extract, Green Tea Leaf Extract, Turmeric Root Extract, Blueberry, Broccoli, Tart Cherry, Kale		
DeltaGold® Mixed Tocotrienol Blend (from anatto)	50 mg	**
Boron (as Boron Amino Acid Chelate)	1 mg	**
Vanadium (as Vanadyl Sulfate)	10 mcg	**
BioPerine® (Black Pepper [Piper nigrum] Fruit Extract (std. min. 95% Piperine)	5 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value (DV) not Established

MEN'S PERFORMANCE MULTIVITAMIN

Bioavailable
Formula

Clean
Ingredients

Manufactured
in the USA*



*Made in the USA with ingredients sourced from around the world.