suggested use: As a dietary supplement, take three capsules once daily, preferably 30 minutes before sleep. WARNINGS: Do not use this product during pregnancy or lactation. This product is not intended for children under age 18. Do not exceed the recommended dose Consult your physician before use if you are taking medication for an underlying health condition. This product is not a sleep aid. However, it does contain a non-habit forming herbal ingredient(s) known to support better sleep and relaxation. Avoid performing tasks with risk after taking this product. Please take different supplements separately.

NOTICE: Herbs may have a distinct natural odor and color variation. This product is manufactured and or packaged in an FDA compliant facility which may also process soy, wheat, egg, milk, peanuts, fish, and shellfish.









^{*} These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease

Doctor Schuhmacher



PM

Detox
Cleanse
Relax

Dietary Supplement

12+ Natural Herbs

Supplement Facts

Serving size: 3 capsules Servings per container: 30

Amount per serving %DV

Complete Detox PM™ 1500mg

Goji, Asparagus Falcatus Extract, Curcuma Aromatica Extract, Jujube, Milk Thistle, Oyster Extract, Proprietary Blends, Taraxacum Extract, Magnesium Glycinate, GABA, 5-HTP

** Daily Value (DV) not established. Amount per serving (mg) is calculated based on three capsules.

Inactive ingredient: Cellulose (vegetable capsule).

Allergen: Oyster extract.

Distributed by: Longevity Premier Nutraceuticals Inc®

Philadelphia, Pennsylvania 19106

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