



New Mediterranean Diet

An easy to follow lifestyle plan, bringing regular exercise and daily social connections together with one of the healthiest and most validated approaches to eating, to help you achieve Extraordinary Health.

David Perlmutter, M.D.

More than Protein



Oat Beta-Glucans
HEART HEALTH[†]



Coconut MCT
SATIETY & ENERGY[†]



Probiotics & Olive Leaf
IMMUNITY[†]



SCAN TO
LEARN
MORE



Finding the Most Sustainable Proteins on Earth

Our Salmon Protein is an amazing, clinically studied Superfood that is part of a unique Circular Food System, allowing us to produce high quality protein from Salmon already harvested in the pristine fjords of Norway for other uses. Not a single fish was caught for this product!

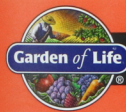


CARBON
NEUTRAL
PRODUCT



NO DAIRY, SOY OR PEANUT INGREDIENTS • VERY LOW GLUTEN

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



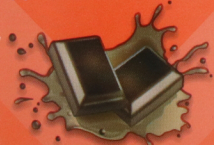
Dr. Formulated

MD PROTEIN

PLANT & SUSTAINABLE SALMON
MEDITERRANEAN DIET APPROVED

May Reduce the Risk of Heart Disease[†]
Supports Immune Health[†]

20g
PROTEIN



Fair Trade
RICH CHOCOLATE
Flavor

24.19 oz (1 lb 8.19 oz/686 g)



DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Level Scoops (49g)
Servings Per Container 14

	Amount Per Serving	% Daily Value
Calories	180	
Total Fat	4 g	5% ¹
Saturated Fat	2 g	10% ¹
Trans Fat	0 g	
Sodium	120 mg	5%
Total Carbohydrate	16 g	6% ¹
Dietary Fiber	6 g	21% ¹
Total Sugars	2 g	
Includes 0g Added Sugars		0% ¹
Protein	20 g	32% ¹
Mediterranean Diet Salmon Protein Blend	30 g	+
Fava Bean Protein, Organic Pea Protein, ProGo [®] Sustainable Norwegian Salmon Protein		
Heart Healthy Fiber Blend	6.5 g	+
Sweetish Oat Beta-Glucans, Guar Gum, Acacia Gum, Xanthan Gum		
Medium Chain Triglycerides (MCT) from Coconut	800 mg	+
Immune Support Blend	50 mg	+
Olive Leaf Extract (Olea europaea) containing Oleuropein, Bacillus subtilis DE111 [®] (1 Billion CFU)		
¹ Percent Daily Values are based on a 2,000 calorie diet. Daily value not established.		

Other Ingredients: Coconut Cream (Coconut Milk, Coconut Oil, Tapioca Maltodextrin), Fair Trade Cacao, Non-GMO Natural Flavors, Sunflower Lecithin, Potassium Bicarbonate, Sea Salt, Malic Acid, Monk Fruit.
Contains: Fish, tree nuts (coconut). Not gluten free.
ProGo[®] is a trademark of Deerland Probiotics & Enzymes, Inc.
ProGo[®] Peptides: Pure. Sustainable. Proven.

Suggested Use: Mix 2 level scoops with 8oz of cold water (scoop included).
[†]Soluble fiber, including beta-glucans from whole oats, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease.
CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, giving product to children, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.
Keep out of reach of children. Store in a cool, dry place. Do not use if safety seal is broken or missing. Made without dairy or soy ingredients, added sugars, filler ingredients, nor artificial colors, flavors or preservatives.
Manufactured in a facility that also processes egg, milk, soy, wheat, fish and tree nuts. May contain traces of soy due to agricultural practices.

ESTIMATED MINIMUM FILL
The density of the powdered ingredients in this product naturally vary from lot to lot and require space in the container at the time of packaging. Over time the powders settle, causing the container to appear less full than when it was first packaged. This product is sold by weight and not by volume.

Distributed by Garden of Life LLC
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We Buy
100% Certified
Renewable Energy



Recyclable
Bottle

Certified



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