

DAILY DOSE OF VITAMINS & MINERALS

DIRECTIONS As a dietary supplement, take two (2) capsules in the morning with a meal.

Discontinue use if side effects appear.

WARNING: Consult with a physician prior to use if you have a medical condition. Do not use if you are pregnant or lactating.

KEEP OUT OF THE REACH OF CHILDREN. Do not use if safety seal is damaged or missing. Store in a cool, dry place.

SATISFACTION GUARANTEE

We offer a full refund on the purchase price of your order within 90 days of purchase. Restrictions apply. For details please visit:

www.healthsharmony.com/refunds

Let us help! For any questions, concerns or refunds:

info@healthsharmony.com

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot # and expiration date printed on bottom of bottle.

HEALTHS
HARMONY

MEN'S MULTIVITAMIN+

ENERGY & IMMUNE COMPLEX



- Vitamins
- Minerals
- Antioxidants

ONCE
DAILY

60 CAPSULES | DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving Size 2 Capsules

Servings per Container: 30

Amount Per Serving	%DV	
Vitamin A 600 mcg RAE (as Beta-Carotene)	67%	
Vitamin C 150 mg (as Ascorbic Acid)	167%	
Calcium 50 mg (as Calcium Carbonate)	4%	
Vitamin D 10 mcg (as Cholecalciferol)	50%	
Vitamin E 13.5 mg (as DL-Alpha Tocopherol Acetate)	90%	
Vitamin B1 7 mg (as Thiamine Mononitrate)	583%	
Vitamin B2 7.5 mg (as Riboflavin)	577%	
Vitamin B3 30 mg NE (as Niacin)	188%	
Vitamin B6 7.5 mg (as Pyridoxine HCl)	167%	
Folate 667 mcg DFE (400 mcg Folic Acid)	167%	
Vitamin B12 27 mcg (as Cyanocobalamin)	1125%	
Biotin 300 mcg	1000%	
Vitamin B5 10 mg (as D-Calcium Pantothenate)	200%	
Magnesium (as Magnesium Oxide)	50 mg 12%	
Zinc (as Zinc Oxide)	15 mg 136%	
Selenium (as Selenium Amino Acid Chelate)	30 mcg 55%	
Copper (as Copper Gluconate)	2 mg 222%	
Manganese (as Manganese Amino Acid Chelate)	2 mg 87%	
Chromium (as Chromium Picolinate)	120 mcg 343%	
Molybdenum	75 mcg 167%	
Male Support	170 mg	
Lutein, Lycopene (<i>Lycopersicon esculentum</i>) (fruit), Stinging Nettle Extract (<i>Urtica dioica</i>) (root), Saw Palmetto (<i>Serenoa repens</i>) (fruit)		
Immune Support	110 mg	
Echinacea Extract (<i>Echinacea purpurea</i>) (aerial), Beta Glucan (<i>Saccharomyces cerevisiae</i>), Spirulina (<i>Arthrospira platensis</i>) (whole plant), Garlic (<i>Allium sativum</i>) (bulb)		
Antioxidant & Energy Blend	190 mg	
Green Tea Extract (<i>Camellia sinensis</i>) (leaf), Hawthorn Berries (<i>Crataegus pinnatifida</i>), Cinnamon Bark Extract (<i>Cinnamomum cassia</i>), Blackberry Fruit Extract (<i>Mococinium myrtillus</i>), Grape Seed Extract (<i>Vitis vinifera</i> L.), Black Currant Fruit Extract (<i>Ribes nigrum</i>), Pomegranate Fruit Extract (<i>Punica granatum</i>)		

*Daily Value (DV) not established

Inactive Ingredients: Cellulose (Vegetable Capsule), Rice Flour, Magnesium Stearate, Silicon Dioxide.

Manufactured For: Healths Harmony, USA Supplements LLC, 30 N. Gould St. Ste. 6594, Sheridan, WY 82801, USA