

SUGGESTED USE 2 capsules taken daily preferably with meals or as directed by a healthcare professional.

Discontinue use if side effects appear.

CAUTION: Do not exceed the recommended dose. Pregnant or nursing mothers, children under the age of 18, or individuals with a known medical condition should consult a physician before using this or any dietary supplement. If you are taking a birth control pill, are considering becoming pregnant or have questions about the advisability of taking this product consult your physician prior to use. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

SATISFACTION GUARANTEE



We offer a full refund on the purchase price of your order within 90 days of purchase. Restrictions apply. For details please visit: healthsharmony.com/refunds

Let us help! For any questions, concerns or refunds:

info@healthsharmony.com

Manufactured For
Healths Harmony
USA Supplements LLC
30 N. Gould St, Ste. 6594
Sheridan, WY 82801

MADE IN USA WITH



GLOBAL INGREDIENTS



Best By Date & Batch Number printed on bottom of bottle.

KEEP OUT OF REACH OF CHILDREN. Do not use if safety seal is damaged or missing. Store in a cool, dry place.

HEALTHS
HARMONY

MENOPAUSE RELIEF

FOR LIFE'S HORMONAL CHANGES

Helps with:

- Hot Flashes†
- Emotional Wellbeing†
- Rejuvenation†



NON
GMO

60 CAPSULES | DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving Size **2 Capsule**
Servings Per Container: **30**

Amount Per Serving %DV

Soy Isoflavones	30mg *
Black Cohosh (2.5% extract) (root)	160mg *
Dong Quai (1% extract) (root)	150mg *
Licorice (1% extract) (root)	150mg *
Red Clover (1% extract) (aerial parts)	400mg *
Sage (2.5% extract) (leaf)	200mg *
Chasteberry (0.5% extract) (fruit)	50mg *
Blessed Thistle (herb powder)	50mg *
Red Raspberry Powder (fruit)	50mg *
Wild Yam (16% extract) (root)	15mg *
trans-Resveratrol (from <i>Polygonum cuspidatum</i> Extract) (root)	1mg *

*Daily Value (DV) not established

Other Ingredients: Microcrystalline cellulose, gelatin (bovine), vegetable magnesium stearate and silicon dioxide.

ALLERGEN WARNING: CONTAINS SOY (SOY ISOFLAVONES)

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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