



- Standardized Saw Palmetto with Zinc, Lycopene and Pumpkin Seed
- Cran-Max Cranberry Provides Added Lower Urinary Tract Support
- No Artificial Colors or Flavors
- No Gluten and No Lactose

• trunature® Prostate Plus Health Complex, 250 Softgels

Take one softgel per day of trunature® Prostate Plus Health Complex to help support men's health.[†] These selected ingredients include saw palmetto, zinc, selenium, pumpkin seed, and lycopene. Plus, we added a sixth ingredient to the formulation — Cran-Max® Cranberry for added support.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Supplement Facts

- Our formulation has not changed but the label may look different now. New FDA regulations are bringing changes to the Supplement Facts panel, including updated daily values, changes to units of measure and more. To help you understand the changes we have provided both the old and new Supplement Facts panel for your comparison below.

NEW

Supplement Facts	
Serving Size 1 Softgel	
Each Softgel Contains	% Daily Value
Calories 10	
Total Fat 0.5 g	1% **
Zinc 15 mg	136%
Selenium 55 mcg	100%
Saw Palmetto (<i>Serenoa repens</i>) (berry) 320 mg	***
Extract [standardized for 85% (272 mg) fatty acids]	
Cran-Max® Cranberry 50 mg	***
(<i>Vaccinium macrocarpon</i>) Concentrate	
Pumpkin Seed Oil 320 mg	***
Palmitic Acid 32 mg	***
Stearic Acid 9.6 mg	***
Oleic Acid 57.6 mg	***
Linoleic Acid 128 mg	***
Lycopene 300 mcg	***
**Percent Daily Values are based on a 2,000 calorie diet.	
***Daily Value (DV) not established.	

OLD

Supplement Facts	
Serving Size 1 Softgel	
Each Softgel Contains	% Daily Value
Calories 10	
Calories from Fat 5	
Total Fat 0.5 g	1% **
Zinc 15 mg	100%
Selenium 55 mcg	79%
Saw Palmetto (<i>Serenoa repens</i>) (berry) 320 mg	***
Extract [standardized for 85% (272 mg) fatty acids]	
Cran-Max® Cranberry 50 mg	***
(<i>Vaccinium macrocarpon</i>) Concentrate	
Pumpkin Seed Oil 320 mg	***
Palmitic Acid 32 mg	***
Stearic Acid 9.6 mg	***
Oleic Acid 57.6 mg	***
Linoleic Acid 128 mg	***
Lycopene 300 mcg	***
**Percent Daily Values are based on a 2,000 calorie diet.	
***Daily Value (DV) not established.	

- **Suggested Use:** Adults – One softgel daily with food as a dietary supplement.

Ingredients: Saw Palmetto Extract, Pumpkin Seed Oil, Gelatin, Glycerin, Zinc Gluconate, Sunflower Oil, Yellow Beeswax. Contains 2% or less of caramel color (contains naturally occurring sulfites), Cran-Max® cranberry, lycopene, purified water USP, selenium yeast, zinc oxide.

NO ARTIFICIAL DYES OR FLAVORS • NO GLUTEN • NO LACTOSE

WARNING: Prostate Plus Health Complex is not intended to replace regular visits to your physician. Individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

Keep out of the reach of children. Store at 15° - 30° C (59° - 86°F).

Cran-Max® and Bio-Shield® are registered trademarks of Pharmachem Labs, Inc.



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