



NATURALIST®

Women's Multivitamin Gummies



**Assorted Fruit Flavors
Made with natural flavors**

Dietary Supplement

70 GUMMIES

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 35

Amount Per Serving		%Daily Value
Calories	15	
Total Carbohydrate	3 g	1%**
Total Sugars	2 g	***
Includes 2g Added Sugars		4%**
Vitamin A (as Retinyl Palmitate)	750 mcg	83%
Vitamin C (as Ascorbic Acid)	30 mg	33%
Vitamin D (as D3 Cholecalciferol)	20 mcg (800 IU)	100%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	13.5 mg	90%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg	118%
Folate	666 mcg DFE (400 mcg folic acid)	167%
Vitamin B-12 (as Cyanocobalamin)	9 mcg	375%
Biotin (as d-Biotin)	150 mcg	500%
Calcium (as Dicalcium Phosphate)	100 mg	8%
Iodine (as Potassium Iodide)	40 mcg	27%
Zinc (as Zinc Citrate)	2.5 mg	23%

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Sugar, Corn Syrup, Gelatin. **Contains <2% of:** Citric Acid, Fractionated Coconut Oil (Contains Carnauba Wax), Maltodextrin, Natural Flavors, Pectin, Silica, Vegetable Juice (color).

IMPORTANT FACTS YOU SHOULD KNOW

U.S. adults consume less than the recommended daily value for certain essential nutrients such as Vitamins A, D, E, and Calcium. Including a multivitamin supplement in your diet can help fill nutrient gaps for people who are not getting all the nutrients they need from food alone, and support overall health and wellness.

DIRECTIONS: FOR ADULTS, CHEW TWO (2) GUMMIES DAILY, PREFERABLY WITH A MEAL.

No yeast, wheat, gluten, milk or milk derivatives, lactose, soy, sodium.

WARNING: If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure, have any medical condition or are planning to undergo any clinical lab testing, consult your doctor before use. Some supplements may interact with certain medications and/or interfere with certain lab tests. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Quality Guaranteed Lab Tested
Laboratory tested to meet strict quality control standards for potency, purity and disintegration. 100% Quality Guaranteed.

Manufactured by Rexall Sundown, Inc.
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