## For occasional irregularity

Our unique combination of senna and other herbs encourages a mild cleansing action to aid the body's natural processes and help relieve occasional constination. Includes senna leaf, which has been used for centuries as a natural laxative.\*

## GLUTEN FREE

nursing; have nausea, abdominal pain, vomiting, or a sudden change in bowel habits that lasts over a period of two weeks: or if you are taking any drug. Take this product two or more hours before or after any drug. Laxatives may affect how drugs work. Stop use and ask a doctor if rectal bleeding or failure to have a bowel movement occurs after use of this product, which may indicate a serious condition, or if you need to use a laxative SINCE for more than one week. Keep out of reach of children. In case of overdose. get medical help or contact a poison 1956 control center immediately.

GUARAN

NG578A

CAUTION: Ask a doctor before use if you are pregnant or

Seal under cap for your protection. See bottom for exp. date.



+Digestive

Herb-Lax®

























DIETARY SUPPLEMENT | 240 TABLETS

Natural, gentle laxative

to cleanse the body\*

**DIRECTIONS:** Adults and children 12 years of age and over: 4 tablets once or twice a day. Children under 12 years: consult a doctor.

## Serving Size: 4 Tablets

Servings Per Container: 60

Calories	Amount Per Serving % DV	
	10	
Total Carbohydrate	2 g	<1%**
Dietary Fiber	1 g	4%
Calcium	20 mg	2%
Iron	0.36 mg	2%
Sodium	10 ma	<1%

Herb-Lax® Enhanced Proprietary Blend Senna leaf powder (Cassia angustifolia) (standardized to contribute 16 mg total sennosides), Licorice root powder (Glycyrrhiza glabra), Buckthorn bark powder (Rhamnus frangula), Alfalfa leaf powder (Medicago sativa), Fennel seed powder (Foeniculum vulgare), Anise seed powder (Pimpinella anisum), Rhubarb root powder (Rheum palmatum), Blue malva flower powder (Malva sylvestris), Culver's root powder (Veronicastrum virginicum)

\*\*Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Value not established





Item #20141 No artificial flavors, sweeteners, colors, or preservatives added.