

TRADER JOE'S®

Women's Once Daily

HIGH POTENCY
MULTIVITAMIN/
MULTIMINERAL

DIETARY SUPPLEMENT

60 TABLETS

Trader Joe's Women's Once Daily High Potency Multivitamin/Multimineral dietary supplement provides 100% of the daily value for 18 vitamins and minerals, and is a good source of calcium and iron.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Dist. & Sold Exclusively By:
Trader Joe's
800 S. Shamrock Ave.
Monrovia, CA 91016

SKU# 70235



0070 2355

Supplement Facts

Serving Size 1 Tablet
Servings per Container 60

Amount Per Serving		% Daily Value
Vitamin A (as retinyl acetate and 45% as beta-carotene)	1350 mcg	150%
Vitamin C (as ascorbic acid)	90 mg	100%
Vitamin D (as cholecalciferol)	20 mcg	100%
Vitamin E (as d-alpha tocopheryl succinate)	20 mg	133%
Vitamin K (as phytonadione)	100 mcg	83%
Thiamin (as thiamine mononitrate)	25 mg	2083%
Riboflavin	25 mg	1923%
Niacin (as niacinamide)	25 mg	156%
Vitamin B ₆ (as pyridoxine hydrochloride)	25 mg	1471%
Folate (as folic acid)	1360 mcg DFE (800 mcg folic acid)	340%
Vitamin B ₁₂ (as cyanocobalamin)	25 mcg	1042%
Biotin (as D-biotin)	30 mcg	100%
Pantothenic Acid (as D-calcium pantothenate)	5 mg	100%
Choline (as choline bitartrate)	20 mg	4%
Calcium (as calcium carbonate)	200 mg	16%
Iron (as iron amino acid chelate)	6 mg	33%
Magnesium (as magnesium oxide)	100 mg	24%
Zinc (as zinc citrate)	11 mg	100%
Selenium (as selenium amino acid chelate)	55 mcg	100%
Copper (as copper bisglycinate)	0.9 mg	100%
Manganese (as manganese citrate)	2.3 mg	100%
Chromium (as chromium nicotinate)	35 mcg	100%
Molybdenum (as molybdenum amino acid chelate)	45 mcg	100%
Proprietary Women's Blend (from Dong quai [root] extract, Red clover [leaf and blossom] extract, Spirulina)	125 mg	†
Biotavonoid Complex (from pulp and peel of lemon, orange and quince)	25 mg	†
Inositol	20 mg	†
Vegetable Complex (from kale [leaf and stem] powder, spinach [leaf and stem] powder, dandelion [leaf] extract, beet [root] powder)	10 mg	†
Boron (as boron glycinate)	1 mg	†

† Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Magnesium Stearate (vegetable source), Croscarmellose Sodium, Silicon Dioxide, Coating (Hydroxypropyl Methylcellulose, Medium Chain Triglycerides, Inulin).

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