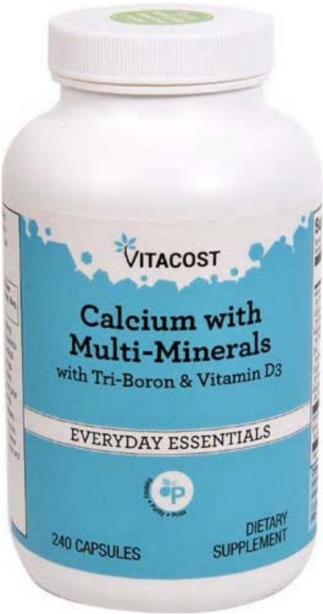




Supplement Facts

Serving Size: 4 Capsules
Servings per Container: 60

	Amount Per Serving	% Daily Value
Vitamin D (as cholecalciferol, D3)	10 mcg (400 IU)	50%
Calcium (as calcium carbonate, calcium citrate)	1000 mg	77%
Magnesium (as magnesium oxide, magnesium aspartate)	500 mg	119%
Zinc (as zinc picolinate, zinc histidinate)	15 mg	136%
Copper (as copper gluconate)	0.5 mg	56%
Manganese (as manganese gluconate)	5 mg	217%
Betaine HCl	324 mg	*
Boron (as boron aspartate, boron citrate, boron glycinate)	3 mg	*

*Daily value not established.

Other Ingredients: Gelatin, vegetable stearic acid, vegetable magnesium stearate and silicon dioxide.

Warnings

Pregnant or lactating women, those with diabetes, hypoglycemics, and people with known medical conditions and/or taking drugs should consult with a licensed physician and/or pharmacist prior to taking dietary supplements. **Keep out of reach of children.**

The product packaging you receive may contain additional details or may differ from what is shown on our website. We recommend that you reference the complete information included with your product before consumption and do not rely solely on the details shown on this page. For more information, please see our full disclaimer.

Directions

As a dietary supplement for adults, take 4 capsules daily with food or as directed by a healthcare professional.

Keep dry and at room temperature (59°-86°F [15°-30°C]).

Free Of

Milk, eggs, peanuts, tree nuts, crustacean shellfish, fish, soy, gluten, titanium dioxide.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.