

melatonin

3 mg

may help promote healthy, normal sleep/wake rhythms and patterns*



240 TABLETS DIETARY SUPPLEMENT

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

melatonin

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Melatonin 3 mg	**

**Daily Value not established.

INGREDIENTS: Calcium Carbonate, Microcrystalline Cellulose, Starch. Contains 2% or less of carboxymethylcellulose sodium, magnesium stearate, melatonin, silicon dioxide. May contain maltodextrin.

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Dist. by Target Corp., Minneapolis, MN 55403

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Questions? Call 1-800-910-6874

Suggested Use: Adults, take one tablet just prior to or at bedtime as a dietary supplement.

Keep out of the reach of children.
Store at 15° - 30° C (59° - 86° F).

Melatonin is a naturally occurring compound that is produced by the body. It has been associated with normal body rhythms and sleep/wake patterns.*

WARNING: Take at bedtime only. Melatonin can induce drowsiness and sleep. Pregnant or nursing women, individuals taking sedatives or other medication(s), or persons who have a health condition or are experiencing long-term sleep difficulties should consult their physician before using this product. Do not use alcohol, drive a vehicle or operate machinery while taking this product. Do not use prior to surgery.

SAFETY-SEALED. DO NOT USE IF PRINTED SEAL UNDER CAP IS CUT, TORN, OR MISSING.

NO ARTIFICIAL COLORS OR FLAVORS
NO GLUTEN • NO LACTOSE

Made in China. Packaged and Quality Assured in the USA.

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FRESHNESS AND POTENCY GUARANTEED THROUGH:

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