

# biotin

1000 mcg

may help promote healthy hair, skin, and nails\*



200 TABLETS DIETARY SUPPLEMENT

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



biotin

## Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Biotin 1000 mcg	3333%

**INGREDIENTS:** Dicalcium Phosphate, Microcrystalline Cellulose. Contains 2% or less of biotin, croscarmellose sodium, magnesium stearate, silicon dioxide.

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**Questions? Call 1-800-910-6874**

**Suggested Use:** Adults, take one tablet daily with food as a dietary supplement.

**Keep out of the reach of children.**

Store at 15° - 30° C (59° - 86° F).

Biotin is a water-soluble B vitamin that is involved in the metabolism of protein, fats, and carbohydrates. It may also help support healthy hair, skin and nails.\*

**CAUTION:** Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

**SAFETY-SEALED. DO NOT USE IF PRINTED SEAL UNDER CAP IS CUT, TORN, OR MISSING.**

**NO ARTIFICIAL COLORS OR FLAVORS  
NO GLUTEN • NO LACTOSE**

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Tablet color may vary.

FRESHNESS AND POTENCY GUARANTEED THROUGH:

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