## SUPPLEMENT FACTS

Serving Size: 3-4 C	plets / Servin	igs Per Container:	50-66
---------------------	----------------	--------------------	-------

Amount Per Serving	3 Caplets	4 Caplets	%DV	
L-Arginine AKG	2250mg	3000mg	**	
β-Alanine	1200mg	1600mg	**	
L-Histidine	150mg	200mg	**	
Rapid Transport Complex	150mg	200mg	**	
(R-ALA, ALA, Vanadyl Sulfate)				

## \*\*Daily Value not established

\*Other Ingredients: Di-Calcium Sulfate, Magnesium Stearate, Croscarmellose Sodium, Enteric Coating and Opadry II Blue.

BioRhythm strongly recommends stacking Big Blue<sup>TM</sup> with the premium recovery supplement AfterGlow TM. For increased results new research now suggests even more muscle gains and less fat storage when Big Blue is combined with an ATP supplement like KreAlkalyn TM compound.

Feel Good - Look Great - Perform Better!

## BIG BLUE

\*\*Daily Value not established.

\* These statements have not been evaluated by the FDA.
This product is not intended to diagnose, treat, cure or
prevent any disease.



Beta-Alanine meets Nitric Oxide

## BIG BLUE

A WAVE OF
STRENGTH & ENDURANCE
SUSTAINED RELEASED UP TO 6 HRS

200 Caplets



**Directions:** As a dietary supplement, take one serving twice daily. For best results, use 30 minutes prior to physical activity when strength and muscle endurance is required.

Serving Suggestion: Under 200lbs: 3 Caplets Over 200lbs: 4 Caplets

 $\beta$ IG  $\beta$ LUE<sup>TM</sup> welcomes you to the new age of intense muscle pumps with nearly unending endurance!

Nitric Oxide (N.O.) supplements are now well established and considered a must by many. Engorging muscle pumps look and feel great. However, N.O. has a limited ability to flush lactic acid build-up that causes fatigue and failure. Therefore, you can never push your muscle beyond natural failure points — That is where accelerated growth occurs.

BIG BLUE™ applies the latest supplement technology to extend each and every set performed to a new level. β-Alanine (Beta-Alanine) with L-Histidine increases the lactate threshold through increased intramuscular carnosine levels. Simply put—increased endurance yields more reps per set performed. As a result, βIG βLUE™ produces a wave of strength and endurance that rips deep into muscle fibers signaling emergency growth and repair.\*

WARNING: For adult use only, Taking this product may cause tingling and flushing sensations. These sensations may be enhanced if taken close to or during exercise. Diabetics, women who are nursing, individuals being treated for high blood pressure or serum glucose control or creetile dysfunction, individuals who are thinnin deficient or on prescription drugs, should consult their physician before using this product. Not intended for use by individuals under the acc of 18 years.

Manufactured for and distributed by: BioRhythm-ADS 1-866-429-2600 www.biorhythm-ads.com