

May Support **BONE HEALTH\***

HEALTH  
BENEFITS



WOMEN'S\*



BONE\*

# Calcium

WITH Vitamin D<sub>3</sub> 25 mcg (1000 IU)

## Dietary Supplement

Vital bone density nutrients\*

Vitamin D<sub>3</sub> may help the body absorb calcium\*

1200  
mg

PER 2 SOFTGELS  
PER DAY

300 SOFTGELS

ACTUAL SIZE

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

# Supplement Facts

Serving Size 2 Softgels  
Servings Per Container 150

| Amount Per Serving                      | % Daily Value |
|---|---------------|
| Calories 15                             |               |
| Total Fat 1 g                           | 1%**          |
| Protein < 1 g                           |               |
| Vitamin D <sub>3</sub> 25 mcg (1000 IU) | 125%          |
| Calcium 1200 mg                         | 92%           |

\*\* Percent Daily Values are based on a 2,000 calorie diet.

**INGREDIENTS:** CALCIUM CARBONATE, SOYBEAN OIL, GELATIN, GLYCERIN. CONTAINS 2% OR LESS OF BEESWAX, CHOLECALCIFEROL, PURIFIED WATER USP, SOY LECITHIN, SUNFLOWER OIL, TITANIUM DIOXIDE (COLOR), TOCOPHEROL. MAY CONTAIN ALUMINUM OXIDE, *dl*-ALPHA TOCOPHEROL, MEDIUM CHAIN TRIGLYCERIDES, SILICA. **CONTAINS: SOY.**

**DISTRIBUTED BY: SAM'S WEST, INC.**  
**BENTONVILLE, AR 72716**

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**Suggested Use:** Adults, take two softgels daily with food as a dietary supplement.

**Nutrition Information:** Adequate calcium and vitamin D as part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis in later life.

Vitamin D<sub>3</sub> may help the body absorb calcium and is known for its beneficial effects on strong healthy bones.\*