

for the relief of joint pains and stiffness

170 ml e

## Good health - naturally!

A traditional remedy for the relief of muscular pains, joint pains and stiffness.

Provides a source of vitamins A, D and E and the unsaturated fatty acids EPA and DHA which are essential dietary components.

It can be used in children over 15 years and adults with poor dietary status and in the treatment of combined vitamins A, D and E deficiencies.

- For the relief of joint pain and stiffness
- Building resistance to infections such as coughs and colds

Strong bones

 Healthy hair, skin and nails

(see ingredients section).

DO NOT TAKE Seven Seas Original Pure Cod Liver Oil:

If you know you are allergic to any of the ingredients of this medicine

If you are receiving medical treatment for having too much Calcium or vitamin A, D, E in your blood.

If you are taking water tablets (thiazide diuretics) such as chlorothiazide or bendroflumethlazied which are used to treat high blood pressure.

YOU MUST BE especially careful:

If you are taking any other medicines including ones you have bough yourself as well as those you have on prescription from your doctor.

If any of these conditions apply to you, please discuss your treatment with your doctor or pharmacist before taking this medicine.