

WARNING: If you are pregnant or breast feeding, consult your physician before using this product.

Recommendations: Take one (1) capsule daily preferably with a meal or as directed by a physician.

Keep container tightly closed, store in a cool, dry place.

KEEP OUT OF REACH OF CHILDREN.
Contains no preservatives.
Bisphenol-A (BPA) & Phthalate Free

Manufactured Exclusively for:
Priority One Nutritional Supplements, Inc.
By: First Priority Manufacturing, Inc.
2681 Delta Ring Road
Ferndale, WA 98248
www.priorityonevitamins.com



Vegetarian Formulation

B-Complex

60 Vegetarian Capsules

A Dietary Supplement

Supplement Facts

Serving Size One (1) Vegetarian Capsule

Amount Per Serving	%Daily Value
Thiamine HCL (vitamin B1)	49mg 4,104%
Riboflavin (vitamin B2)	50mg 3,847%
Niacinamide	50mg NE 313%
Vitamin B6 (as pyridoxine hcl)	49mg 2,882%
Folate (as (6S)-5-methyltetrahydrofolic acid) 680mcg DFE 170% (equivalent to 741mcg of (6S)-5-methyltetrahydrofolic acid, glucosamine salt) (Quatrefolic®)	
Vitamin B12 (as methylcobalamin)	50mcg 2,083%
Biotin	50mcg 167%
Pantothenic Acid (as d-calcium pantothenate)	91mg 1,829%
Choline (from 50mg choline bitartrate)	23mg 4%
PABA (para-aminobenzoic acid)	100mg **
Inositol	50mg **
Hops (strobile) (Humulus lupulus L.) Extract 4:1	10mg **
Soy Lecithin	10mg **
Watercress (stem/leaf/fruit) (Nasturtium officinale)	10mg **
Alfalfa (grass) (Medicago sativa L.) Extract 4:1	3mg **
Parsley (leaf) (Petroselinum crispum Mill.) Extract 4:1	3mg **
Valerian (root) (Valeriana officinalis) Extract 4:1	3mg **

**Daily Value not established.

Other Ingredients: silicon dioxide, gluten free maltodextrin, vegetarian capsule (hypromellose, purified water). Contains soy (lecithin) Quatrefolic® is a registered trademark of Gnosis S.p.A Inc. U.S. Patent No. 7,947,662

Not a significant source of total sugars.

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

For professional use only.

1186-6093RT0

