

Created by parents and doctors, Hello Health® uses premium ingredients for an easy way to get children (and their loved ones) daily optimal nutrients.*

From our family to yours, say Hello to Health!*

Recommended Use: As a dietary supplement, take one (1) capsule daily with a meal or 8 ounces of water, or as recommended by a healthcare professional. For more specific serving size suggestions, reference the chart below.

Ages 4-8 Years	Ages 9-13 Years	Ages 14 Years & Up
1 Capsule	2 Capsules	3 Capsules

Caution: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18 and individuals with a known medical condition or taking any medication should consult with a physician before taking this or any dietary supplement. Keep out of reach of children. Do not use if safety seal is damaged or missing. Store in a cool, dry place.

free of GMO's, dairy, eggs, soy, wheat, and shellfish.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



B09H7NJWF3

90 veggie capsules

hellohealth®
enCOURAGEing wellness

HIGH ABSORPTION
**happy
calm
magnesium
(glycinate)**

supports neurocognitive* musculoskeletal* & cardiometabolic health*

promotes calm, mood & brain health*

supports a healthy heart, bones & muscles*



doctor-formulated dietary supplement
formulated for ages 4+

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 90

	Amount Per Serving	% Daily Value
Magnesium Bisglycinate (Magnesium Bisglycinate Chelate Buffered)	133 mg	32%

Other Ingredients: Vegetable Capsule (Hypromellose), Rice Flour, Plant-based Magnesium Stearate



Manufactured for Hello Health Nutrition LLC
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