Recommended Use: As a dietary supplement take two (2) wastable capsules once a day. For best results take 20.30 min before a meal with an 8oz, glass of water or as directed by your healthcare professional

on: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18 and infividuals with a known medical condition or taking any medication should consult with a physician before taking this or any dietary supplement. Keep out of reach of children. Do not use if safety seal is damaged or missing. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to discnose, treat, cure or prevent any disease

TYPE OF GMO's, dairy, soy, wheat, eggs, and shellish

Lot # and Expiration Date Printed on bottom of Bottle

X002YMQW8H

<u>happy</u> brain mushroom complex

orts immune health* cognitive function* mood*

supports immune health* promotes healthy mood & energy*



60 capsules

dietary supplement

Supplement Facts

Serving Size: 2 Vegetable Capsules Servings Per Container: 30

Amount Per Serving %D Controlog Sinensis Powder (Mycellum) 266 mg 266 ma Reichi Mushroom Extract (Ganoderma lucidum karst)(Fruit) Shiltake Mushmorn Extract 266 mn (Lentinus edodes)(Fruit)

lines Mane (Hericium erinaceus)(Fruit) Proprietary Blend

Maitake Mushroom Extract (Polyporus frondosus)(Fruit) Turkey Tail Extract (Coriolus versicolo)(Fruit), Chaga Mushroom Extract (Inonotus obliquus)(Fruit), Royal Sun Agaricus Extract (Agaricus blazei)(Fruit), White Button Mushroom Extract (Agaricus bisporus)(Fruit). Black Fungus Extract (Auricularia auricula)(Fruit)

"Daily Value (DV) not established

Inactive Ingredients: Cellulose (Vegetable Capsule) Microcrystalline Cellulose, Magnesium Stearate

Manufactured for Helin Health Mutrition LLC 11645 Fast Via Linda, Suite 2-321 Scottsdale, AZ 85259

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266 mn