

SUPPLEMENT FACTS

Nature's Code – Men Under 50



Suggested Use: Adults, take the contents of one packet with a full glass of water, after a meal. Establish a routine: take your nutritional supplement after the same meal each and every day. As a reminder, discuss the supplements and medications you take with your healthcare provider.

Supplement Facts

Serving Size 1 Packet

Each Packet Contains		%DV
Calories 10		
Total Carbohydrate	2 g	< 1%*
Vitamin A (as Beta-Carotene)	2000 IU	40%
Vitamin C (as Ascorbic Acid)	250 mg	417%
Vitamin D (as Cholecalciferol)	2000 IU	500%
Vitamin E (as d-Alpha Tocopherol)	200 IU	667%
Thiamin (Vitamin B1 as Thiamine Mononitrate)	30 mg	2,000%
Riboflavin (Vitamin B2)	30 mg	1,765%
Niacin (as Niacinamide)	20 mg	100%
Vitamin B6 (as Pyridoxine Hydrochloride)	30 mg	1,500%
Folate (Folic Acid)	800 mcg	200%
Vitamin B12 (as Cyanocobalamin)	300 mcg	5,000%
Biotin	300 mcg	100%
Pantothenic Acid (as Calcium Pantothenate)	30 mg	300%
Calcium (as Calcium Carbonate)	800 mg	80%
Magnesium (as Magnesium Oxide)	400 mg	100%
Zinc (as Zinc Oxide, Zinc Sulfate)	40 mg	267%
Selenium (as Sodium Selenate)	200 mcg	286%
Chromium (as Chromium Picolinate)	120 mcg	100%
Sodium	10 mg	< 1%
Coenzyme Q10	50 mg	†
Alpha Lipoic Acid	65 mg	†
Asian Ginseng (Root)	100 mg	†
Green Tea Complex (as Green Tea Powder (leaf), Green Tea Extract (leaf))	400 mg	†
Lycopene	1 mg	†
Lutein	6 mg	†
Zeaxanthin	3 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value (DV) not established.

Other Ingredients: Dicalcium phosphate, Microcrystalline Cellulose, Maltodextrin, Gelatin, Croscarmellose Sodium, Hypromellose, Glycerin, Talc, Calcium Silicate, Stearic Acid, Soy Polysaccharide, Citric Acid, Titanium Dioxide, Soybean Oil, Magnesium Stearate, Mineral Oil, Crospovidone, Polyethylene Glycol, Soy Lecithin, Caramel (Color), Yellow Beeswax, Polysorbate 80, Annatto Seed Extract (Color), Carmine (Color). **CONTAINS: SOY**

Green Tea contributes a dietetically insignificant amount of caffeine.

DO NOT USE IF PRINTED PACKETS ARE TORN OR PUNCTURED