

Warning: Consult a physician before and during use of all dietary supplements.

Use: Take 2 to 4 capsules daily within one hour before sleep. Take only before sleep.

Storage: Keep cool and dry, away from children.



**KSM-66
Ashwagandha™**

KSM-66 is a registered trademark
of Ixoreal Biomed Inc.

*** THIS STATEMENT HAS NOT BEEN EVALUATED BY
THE FOOD AND DRUG ADMINISTRATION. THIS
PRODUCT IS NOT INTENDED TO DIAGNOSE,
TREAT, CURE, OR PREVENT ANY DISEASE.**



SERENITY NIGHTLY NOOTROPIC

Formula 3

Enhances Relaxation and Sleep,
and Promotes Next-Day Focus*

Dietary Supplement
60 CAPSULES

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 30

Amount Per Serving	% Daily Value
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Magnesium 150 mg (from Magnesium Glycinate 600 mg)	36%
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Ashwagandha Root Extract 300 mg (KSM-66® 5% Withanolide)	†
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L Theanine 200 mg	†
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Melatonin 5 mg	†
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† Daily Value Not Established

Other Ingredients: Cellulose, Sodium Copper Chlorophyllin,
Vegetable Oil, MCT Oil

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