

BONUS SIZE BONUS SIZE



NORDIC NATURALS®

- ✓ Healthy Heart*
- ✓ Brain Health*
- ✓ Optimal Wellness*

Great lemon taste!

OMEGA-3

690 mg Omega-3
Perfect maintenance omega-3 formula for cognition, heart health, and immune support*

Superior Triglyceride Form



Dietary Supplement
1000 mg Soft Gels | 90 Count

Molecularly Distilled | Guaranteed Purity

Supplement Facts

Serving Size: 2 Soft Gels Servings per container: 45

Amount Per Serving	% Daily Value**	
Calories	20	
Total Fat	2 g	3%
Saturated Fat	0.6 g	3%
Trans Fat	0 g	†
Total Omega-3s	690 mg	†
EPA (Eicosapentaenoic Acid)	330 mg	†
DHA (Docosahexaenoic Acid)	220 mg	†
Other Omega-3s	140 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, water, natural lemon flavor), natural lemon flavor, d-alpha tocopherol, rosemary extract (a natural preservative).

No gluten, milk derivatives, or artificial colors or flavors.

Fish oil processed in Norway.
Manufactured in the U.S. by: NORDIC NATURALS Mfg.
111 Jennings Drive, Watsonville, CA 95076
800-662-2544 | nordicnaturals.com

LPN RR 84153 0794

X001L3PGOV
NEW RUS-02759

BONUS SIZE



Committed to the health of our oceans

- Regulated Fishing
- Bycatch Prevention
- Habitat Protection



Molecular Distillation
Removes impurities & environmental toxins (like heavy metals, such as mercury, PCBs, & dioxins).

Fish oil processed in Norway by Nordic Naturals



Oxygen-free Manufacturing
State-of-the-art liquid bottling and encapsulation is done at Nordic Naturals Manufacturing in California.

Made from start to finish by Nordic Naturals.

BONUS SIZE

Nordic Naturals Omega-3 offers 690 mg of omega-3 per serving, surpassing the expert-recommended dose of 500 mg per day. Adequate omega-3 intake is essential to support good nutrition and overall well-being, including healthy heart and brain function, as well as mood, cognition, and immunity.*

Wild caught. Pure. No fishy aftertaste. Friend of the Sea certified.

Every batch of Nordic Naturals fish oils is tested by a third-party certified lab for environmental toxins, including heavy metals. All fish oils are in the triglyceride form and surpass the strictest international standards for purity and freshness. Certificates of Analysis available upon request.

Suggested Use: Two soft gels daily, with food, or as directed by your health care professional or pharmacist.

Store in a cool, dry place, away from sunlight

Do not take if tamper-evident seal is broken or missing

Product protected by U.S. patent #s 6346231 & 6641837

Keep out of the reach of children

Nordic Naturals products are never sold under any store brand

Warning: Consult with your physician before using this product if you are allergic to iodine or use blood thinners.

EXP 05-2022 LOT 191508