

**Suggested Use:** Take one (1) capsule daily with water. For increased benefits, take one (1) capsule twice (2) a day, at separate times of day or as directed by your health care practitioner.

**TrueCurcumin™** helps support a healthy inflammatory response in the body and promotes joint, brain, heart and immune health.†

- Keep out of reach of children
- Do not use if seal is broken or missing
- Store in a cool dry place



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# TrueCurcumin™

## Highly Absorbable BCM-95®

**Dietary Supplement  
30 Veggie Capsules**

### Supplement Facts

Serving Size: 1 Capsule

Servings per Container: 30

| Amount Per Serving                                                                                              |         |
|-----------------------------------------------------------------------------------------------------------------|---------|
| BCM-95® (CURCUGREEN®)                                                                                           | 500 mg* |
| (Curcuma longa) 25:1 extract (root/<br>rhizome) [std. to 95% total Curcuminoids<br>Complex with Essential Oils] |         |

\*Daily value not established.

Other ingredients: Hypromellose, vegetable magnesium stearate, stearic acid and silica.

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