DIRECTIONS:

SUGGESTED USE: Mix 1 heaping scoop of Amplify® XL to 8 oz. of cold water, and consume immediately following your workout to maximize recovery and fight fatique.* If extra thickness is desired, add a handful of ice cubes and blend. Due to settling, a natural occurrence with powders, variations in the powder height level may vary from bottle to bottle. Additionally, powder density may be affected as a result of the settling which may cause slight variations in the scoop serving size. To be used as part of a physical conditioning program.

WARNING: If you are pregnant, nursing or taking medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. STORE IN A COOL, DRY PLACE, AVOID EXCESSIVE HEAT.

WARNING: Cancer and Reproductive Harm-www.P65Warnings.ca.gov/Food

AMPLIFY® XL IS YOUR COMPLETE ALL-IN-ONE PROTEIN



FACILITATES PROTEIN ABSORPTION. LEAN MUSCLE GAINS, AND ENHANCES RECOVERY!

ADVANTAGE OF A PREMIUM PROTEIN BLEND

Amplify® XL offers a superior and premium blend of guick release whey protein isolate, hydrolysate and concentrate, and is loaded with glutamine and amino acids. Controlled release egg protein facilitates muscle recovery two-three hours post-workout. This combination gives you both an immediate and time-release recovery mechanism. It is the ultimate post-workout protein to support protein absorption, muscle recovery, and lean muscle gains.*

HYDRO GREENS BLEND

Amplify® XL is fortified with a seeds and greens health blend to support additional health benefits (antioxidants, heart health, healthy appearance (skin), and anti-aging). Coconut helps provide electrolytes and supports rehydration post-workout.*

BIOAVAILABILITY

Protein sources found in Amplify® XL rank highest on the biological value scale.

STACK AMPLIFY® XL WITH ANY PMD® PRODUCT FOR **GREATER INCREASES IN MUSCLE STRENGTH, MASS,** ENERGY, TONING, RECOVERY AND PERFORMANCE.*

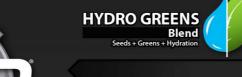


Per Serving

PURE PROTEIN

No Amino Spiking!







DIETARY SUPPLEMENT | NET WT2 LBS. (912 G

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GLUTEN

ASPARTAME

NO ARTIFICIAL COLORS

TRANS FAT

NO SOY PROTEIN CAFFEINE

PRESERVATIVES Amino Acids (Approx. Values) 25 g

BCAA + INFUSION

-Glutamine A

Supplement Facts

NO ADDED

SUGAR

Serving Size 38 g (1 Scoop) Servings Per Container 24

Amount Per Serving		%DV**
Calories	140	
Calories from Fat	30	
Total Fat	3 g	5%**
Saturated Fat	1.5 g	8%**
Cholesterol	70 mg	23%**
Total Carbohydrate	6 g	2%**
Dietary Fiber	2 g	7%**
Sugar††	2 g	t
Protein	25 g	50%**
Vitamin A (as Retinyl Palmitate)	150 mcg	17%
Vitamin C (as Ascorbic Acid)	15 mg	17%
Vitamin E (as DL Alpha Tocopheryl Acetate)	6.75 mg	45%
Thiamin (as Thiamin HCI)	0.15 mg	13%
Riboflavin	0.17 mg	13%
Niacin (as Niacinamide/Nicotinamide)	2 mg	13%
Vitamin B6 (as Pyridoxine HCI)	0.20 mg	12%
Folate (as Folic Acid)	40 mcg	10%
Vitamin B12 (as Cyanocobalamin)	0.6 mcg	25%
Pantothenic Acid (as Calcium D-Pantothen	ate) 1 mg	20%
Calcium	175 mg	13%
Iron	0.35 mg	2%
Sodium	140 mg	6%

Premium Protein Blend	erving %DV**	L-Leucine L-Isoleucine L-Valine	
Quick Release Blend Whey Protein Concents Whey Protein Isolate, Whey Protein Hydrolys Controlled Release Bl Egg Protein	ate,	L-Tryptophan L-Lysine L-Threonine L-Phenylalanine L-Methionine L-Histidine	
Hydro Greens Blend	1,250 mg †	L-Tyrosine	
rijuit diddin bidiin		L-Tyrosine	
Seed Health Blend	1,000 mg	L-Árginine	
Seed Health Blend	1,000 mg	L-Árginine	
Seed Health Blend Flax Seed Powder,	1,000 mg eed Powder	L-Árginine L-Glycine	
Seed Health Blend Flax Seed Powder, Chia (Savia hispanica) S	1,000 mg eed Powder 250 mg	L-Árginine L-Glycine L-Aspartic Acid L-Alanine	
Seed Health Blend Flax Seed Powder, Chia (Savia hispanica) S Greens Health Blend	1,000 mg eed Powder 250 mg	L-Árginine L-Glycine L-Aspartic Acid L-Alanine	
Seed Health Blend Flax Seed Powder, Chia (Savia hispanica) S Greens Health Blend Coconut (Cocos nucifen	1,000 mg eed Powder 250 mg a) Water Powder, Igae), Chlorella	L-Arginine L-Glycine L-Aspartic Acid L-Alanine L-Proline	

Powder (Gluten Free), Maca (Lepidium

Promax™ Enzyme Blend 300 mg

Lipase, Protease, Amylase, Bromelain

(Anana comosus) Stem Extract, Cellulas

**Percent Daily Values (DV) are based or

† Daily Value (DV) not established.

mevenii) Root Extract 4:1

Manufactured in accordance with current Good Manufacturing Practices (cGMP).



5.00 g

2.50 g

1.50 g

1.41 g

572 mg

835 mg 620 mg

453 mg 739 mg

572 mg 453 mg 3.29 g 1.22 g

1.46 g 1.22 g 716 mg

2.10 g 1.72 g

CONSUMER NOTICE:

FitLife Brands can only confirm product purity when our brands are purchased from authorized retailers, on gnc.com, or on pmdsports.com. For an approved list of retailers, go to pmdsports.com.

Other Ingredients: Fibersol® -2, Natural and Artificial Flavors, Xanthan Gum, Carboxymethylcellulose, Soy Lecithin (Emulsifier), Purified Sea Salt, Vegetable Juice Color (Beet Root [Beta vulgaris]), Citric Acid, Sucralose, Acesulfame Potassium.

CONTAINS: Milk, Egg, Soy, Tree Nut (Coconut) and Wheat products. This product was produced in a facility that also processes ingredients containing fish, shellfish and peanuts. FREE OF: ADDED SUGAR, ASPARTAME, GLUTEN, TRANS FATS, YEAST, PRESERVATIVES, ARTIFICIAL COLORS

a 2.000 calorie diet.

ΔDenotes naturally occurring and added free form amino acid. ††Indicates naturally occuring sugar derived from whey protein blend sources.



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