

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS:

SUGGESTED USE: Mix 1 heaping scoop of Amplify® XL to 8 oz. of cold water, and consume immediately following your workout to maximize recovery and fight fatigue.* If extra thickness is desired, add a handful of ice cubes and blend. Due to settling, a natural occurrence with powders, variations in the powder height level may vary from bottle to bottle. Additionally, powder density may be affected as a result of the settling which may cause slight variations in the scoop serving size. To be used as part of a physical conditioning program.

WARNING: If you are pregnant, nursing or taking medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. **STORE IN A COOL, DRY PLACE. AVOID EXCESSIVE HEAT.**

WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov/Food

AMPLIFY® XL IS YOUR COMPLETE ALL-IN-ONE PROTEIN



FACILITATES PROTEIN ABSORPTION, LEAN MUSCLE GAINS, AND ENHANCES RECOVERY!

ADVANTAGE OF A PREMIUM PROTEIN BLEND

Amplify® XL offers a superior and premium blend of quick release whey protein isolate, hydrolysate and concentrate, and is loaded with glutamine and amino acids. Controlled release egg protein facilitates muscle recovery two-three hours post-workout. This combination gives you both an immediate and time-release recovery mechanism. It is the ultimate post-workout protein to support protein absorption, muscle recovery, and lean muscle gains.*

HYDRO GREENS BLEND

Amplify® XL is fortified with a seeds and greens health blend to support additional health benefits (antioxidants, heart health, healthy appearance (skin), and anti-aging). Coconut helps provide electrolytes and supports rehydration post-workout.*

BIOAVAILABILITY

Protein sources found in Amplify® XL rank highest on the biological value scale.

STACK AMPLIFY® XL WITH ANY PMD® PRODUCT FOR GREATER INCREASES IN MUSCLE STRENGTH, MASS, ENERGY, TONING, RECOVERY AND PERFORMANCE.*



10g of Glutamine + Branch Chain Amino Acids



HYDRO GREENS

Blend

Seeds + Greens + Hydration



AMPLIFY®

Dietary Supplement

25g

Protein

10g

Glutamine + BCAAs

0g

Added Sugar

Per Serving

XL



**PURE PROTEIN
GUARANTEE**

No Amino Spiking!

PREMIUM PROTEIN BLEND

DIETARY SUPPLEMENT | NET WT. 2 LBS. (912 G)

STRAWBERRY SLAM

Natural and Artificial Flavor

NO ADDED
SUGAR

GLUTEN
FREE

ASPARTAME
FREE

NO ARTIFICIAL
COLORS

TRANS FAT
FREE

NO SOY
PROTEIN

PRESERVATIVES
FREE

CAFFEINE
FREE

Supplement Facts

Serving Size 38 g (1 Scoop) Servings Per Container 24

	Amount Per Serving	%DV**
Calories	140	
Calories from Fat	30	
Total Fat	3 g	5%**
Saturated Fat	1.5 g	8%**
Cholesterol	70 mg	23%**
Total Carbohydrate	6 g	2%**
Dietary Fiber	2 g	7%**
Sugar††	2 g	†
Protein	25 g	50%**
Vitamin A (as Retinyl Palmitate)	150 mcg	17%
Vitamin C (as Ascorbic Acid)	15 mg	17%
Vitamin E (as DL Alpha Tocopheryl Acetate)	6.75 mg	45%
Thiamin (as Thiamin HCl)	0.15 mg	13%
Riboflavin	0.17 mg	13%
Niacin (as Niacinamide/Nicotinamide)	2 mg	13%
Vitamin B6 (as Pyridoxine HCl)	0.20 mg	12%
Folate (as Folic Acid)	40 mcg	10%
Vitamin B12 (as Cyanocobalamin)	0.6 mcg	25%
Pantothenic Acid (as Calcium D-Pantothenate)	1 mg	20%
Calcium	175 mg	13%
Iron	0.35 mg	2%
Sodium	140 mg	6%

	Amount Per Serving	%DV**
Premium Protein Blend	25 g	†
Quick Release Blend		
Whey Protein Concentrate,		
Whey Protein Isolate,		
Whey Protein Hydrolysate,		
Controlled Release Blend		
Egg Protein		
Hydro Greens Blend	1,250 mg	†
Seed Health Blend	1,000 mg	
Flax Seed Powder,		
Chia (<i>Savia hispanica</i>) Seed Powder		
Greens Health Blend	250 mg	
Coconut (<i>Cocos nucifera</i>) Water Powder,		
Spirulina (Blue Green Algae), <i>Chlorella</i>		
<i>pyrenoidosa</i> Whole Plant Powder,		
Wheat Grass (<i>Triticum aestivum</i>) Aerial		
Powder (Gluten Free), Maca (<i>Lepidium</i>		
<i>meyenii</i>) Root Extract 4:1		
Promax™ Enzyme Blend	300 mg	†
Lipase, Protease, Amylase, Bromelain		
(<i>Anana comosus</i>) Stem Extract, Cellulase		

**Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Value (DV) not established.

Other Ingredients: Fibersol® -2, Natural and Artificial Flavors, Xanthan Gum, Carboxymethylcellulose, Soy Lecithin (Emulsifier), Purified Sea Salt, Vegetable Juice Color (Beet Root [*Beta vulgaris*]), Citric Acid, Sucralose, Acesulfame Potassium.

CONTAINS: Milk, Egg, Soy, Tree Nut (Coconut) and Wheat products. **This product was produced in a facility that also processes ingredients containing fish, shellfish and peanuts. FREE OF:** ADDED SUGAR, ASPARTAME, GLUTEN, TRANS FATS, YEAST, PRESERVATIVES, ARTIFICIAL COLORS.

ΔDenotes naturally occurring and added free form amino acid. ††Indicates naturally occurring sugar derived from whey protein blend sources.

FITLIFE BRANDS

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For Product Questions:
PMDSports.com



Amino Acids (Approx. Values) 25 g

BCAA + INFUSION

L-Glutamine Δ	5.00 g
L-Leucine	2.50 g
L-Isoleucine	1.50 g
L-Valine	1.41 g
L-Tryptophan	572 mg
L-Lysine	2.10 g
L-Threonine	1.72 g
L-Phenylalanine	835 mg
L-Methionine	620 mg
L-Histidine	453 mg
L-Tyrosine	739 mg
L-Arginine	572 mg
L-Glycine	453 mg
L-Aspartic Acid	3.29 g
L-Alanine	1.22 g
L-Proline	1.46 g
L-Serine	1.22 g
L-Cystine	716 mg

**Manufactured in
accordance with current
Good Manufacturing
Practices (cGMP).**



CONSUMER NOTICE:

FitLife Brands can only confirm product purity when our brands are purchased from authorized retailers, on gnc.com, or on pmdsports.com. For an approved list of retailers, go to pmdsports.com.