

Mega 10—Omega 7+3 Combination The Perfect 10 For Heart Health*

Mega 10 is the more complete omega formula for heart health. It delivers a powerful combination of purified omega-7 and omega-3 fatty acids to provide targeted, enhanced support for overall cardiovascular health. The unique levels and ratios of omega-7 and omega-3 fatty acids in Mega 10 are designed to support healthy triglycerides and blood lipids.*

Why Mega 10 is the Perfect 10 for Heart Health:*

- ✓ Purified omega-7 fatty acids processed to remove palmitic acid
- ✓ 6.6 times more EPA-DHA than the leading krill oil (500 mg vs 74 mg per softgel)
- ✓ Enteric softgels reduce the likelihood of repeating (burp-up) in susceptible individuals
- ✓ Purity guaranteed and produced in pharmaceutical-licensed facilities
- ✓ Concentrated dose in easy-to-swallow, lemon-flavored softgels

For more information, visit WhyMega10.com

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Directions: Take one softgel one to two times daily with food or as directed by your healthcare practitioner.

Caution: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Do not use before surgery. Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.

This product is Gluten Free.



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Barcode: 7 555 193558

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 **Metagenics**



OmegaGenics™

Mega 10™

Omega 7+3 Combination

OMEGA 7 & 3 SUPPLEMENT 60 SOFTGELS

Supplement Facts

Serving Size 1 Softgel
Servings Per Container 60

	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Natural Marine Lipid Concentrate	782 mg	**
EPA (Eicosapentaenoic acid)	330 mg	**
DHA (Docosahexaenoic acid)	170 mg	**
Other Omega-3 Fatty Acids	60 mg	**
Omega-7 Fatty Acids (as EE)	210 mg	**
Palmitoleic Acid	105 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Ingredients: Fish oil (anchovy, sardine), water, gelatin, glycerin, natural lemon oil, pectin, sorbitol, and mixed tocopherols. Contains: fish (anchovy, sardine).

Distributed by: Metagenics, Aliso Viejo, CA 92656 • 800 692 9400

Produced in Canada

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