



1 Serving / 30.7g
Dietary Supplement



Suggested Use: As a dietary supplement, mix one packet (30.7g) daily in 6-8 ounces of water, milk or your favorite beverage, or use as directed by your healthcare practitioner. For best results, use a shaker or blender and serve cold.

Supplement Facts

Servings Per Packet about 1
Serving Size 1 Packet (30.7g)

Amount Per Serving

Calories

110

		% Daily Value**
Total Fat	2.5 g	3%**
Saturated Fat	1.5 g	8%**
Cholesterol	50 mg	17%
Total Carbohydrates	1 g	0%**
Dietary Fiber	1 g	4%
Total Sugars	<1 g	***
Protein	22 g	44%**
Calcium	130 mg	10%
Iron	1.1 mg	6%
Phosphorus	100 mg	8%
Magnesium	35 mg	8%
Sodium	70 mg	3%
Potassium	260 mg	6%

L. acidophilus (10 Billion CFU/g)¹ 20.13 mg Prohydroxy (Amylase, Lactase, Lipase, Protease I, Protease II) 19 mg

Other Ingredients: Protein Blend (Whey Protein Concentrate, Whey Protein Isolate, Egg Albumin, Micellar Casein) Cocoa Powder, Natural Flavor, Xanthan Gum, Monk Fruit Extract

CONTAINS: EGG, MILK. Produced in a facility that also processes soy, fish, shellfish, peanuts, tree nuts, and wheat.

'At the time of manufacturing

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

Typical Am	iino Acid Pr	ofile Per	Serving
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Alanine	1008 mg
Arginine	545 mg
Aspartic Acid	2110 mg
Cysteine	428 mg
Glutamic Acid	3535 mg
Glycine	369 mg
Histidine II	357 mg
Isoleucine III	1181 mg
Leucine III	2177 mg
Lysine If	1899 mg
Methionine III	465 mg
Phenylalanine	639 mg
Proline	1228 mg
Serine	1028 mg
Threonine If	1393 mg
Tryptophan IIII	326 mg
Tyrosine	595 mg
Valine III	1189 mg

Essential Amino Acids

₩ BCAAs

IIII The L-Tryptophan indicated is from naturally occurring sources of protein.

MADE IN USA
WITH DOMESTIC & GLOBAL INGREDIENTS

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^{**} Percent Daily values are based on a 2,000 calorie diet.

^{***} Percent Daily value not established.