Seed® is a powerful, whole food blend of 14 sprouted seeds, grains and mes that supplies your body with a nutrient-dense source of dietary fiber. unulated with organic flax and chia seeds, probiotics and ingredients specifically usen for their ability to support normal gut flora balance, regular-bowel function

wer Seed® is an excellent source of fiber - two servings provide nearly 50% The Daily Value for fiber, plus 24% of the Daily Value for protein. It is also rich Inaturally occurring omega-3 fatty acids, which are essential for good health.

seed can add nutritional value and fiber to nearly any food or beverage. It is smoothies, vegetable or fruit juice, cereal or yogurt.

CAUTION: As with any dietary supplement, consult your healthcare practitioner when take modical supplies the street of the take medication on a regular basis or are otherwise under medical

These statements have not been evaluated by the Food and Drug Administration. his product is not intended to diagnose, treat, cure or prevent any disease.

both use if cofet on not use if safety seal is broken or missing.

Is product is made with natural ingredients. Color and taste may vary from lot to lot.

by weight not volume. Settling may occur.



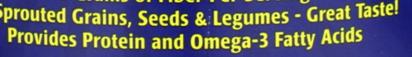
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Garden of Life

Super Seed

Beyond Fiber

6 Grams of Fiber Per Serving 14 Sprouted Grains, Seeds & Legumes - Great Taste!



Net Wt 1 lb 5 oz (600 g)

Whole Food Dietary Supplement

Suggested Use: Adults mix 1 scoop with Supplement Facts any food or beverage one or more times per day. Children over 4 years old may take ½ scoop daily. Children should

Serving Size 1 Scoop (Approx. 0,7 oz or 20 g) Servings Per Container Approximately 30

Percent Daily Values are based on 2,000 calorie diet.

Amount Per Serving % D
Calories 70
Calories from Fat 25
Total Fat 2.5 g
Total Carbohydrate 9 g
Dietary Fiber 6 g
Soluble Fiber 1 g
Insoluble Fiber 4 g
Sugars 0 p
Protein 6 g
Calcium (naturally occurring) 66 mg
Iron (naturally occurring) 2 mg
Perfect Fiber Blend 18 g
Organic Flax Seed Meal, Whole Chia Seed
Poten-Zyme® Fermented Whole Food Fiber Blend 1.5 g
Bean Sprout, Lentil Sprout, Adzuki Bean Sprout, Organic Buckwheat Sprout, Seed Sprout, Lentil Sprout, Adzuki Bean Sprout, Organic Flax Seed Sprout, Seed Sprout, Organic Pumpkin Seed Sprout, Chia Seed Sprout, Organic Seed Sprout
Omega 3 Fatty Acids (Alpha Linolenic Acid) 1.1 g
- Same Childenon 127 mg
Stevia Leaf Extract 20 mg
Proprietary Probiotic Blend 2 mg
Lactobacillus plantarum, Bifidobacterium lactis, Bifidobacterium bifidum, Lactobacillus Bifidobacterium breve, Lactobacillus casei, Lactobacillus salivarius, Lactobacillus acido

Probiotics are cultured in dairy which is generally consumed during the fermentation process.

product. Scoop included.

be supervised while consuming this

Recyclable

Distributed by Garden of Life LLC

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+ Daily Value not established.