



May Help Reduce the Risk of Heart Disease

Directions: Take two softgels twice daily with food or as directed by your health-care practitioner.

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 60

	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	1 g	1%*
Vitamin C (as ascorbic acid)	10 mg	17%*
Vitamin E	4 mg	27%*
Phytosterol Esters	1000 mg	†
Fish Oil	500 mg	
165 mg EPA (Eicosapentaenoic Acid)		†
110 mg DHA (Docosahexaenoic Acid)		†
Coenzyme Q10	15 mg	†
Alpha Lipoic Acid	15 mg	†
Proprietary Blend	95 mg	
Lecithin, Brownian, Sorbitan Oleate, Triethyl Citrate		GLUTEN-FREE

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Gelatin, glycerin, 1 lemon oil, 1 water, lycopene.

Contains: Soy, fish oil concentrate from anchovy, mackerel, and sardine.

† plant-derived

Phytomega heart supplement may help reduce the risk of heart disease by helping to naturally reduce cholesterol levels and maintain healthy triglyceride levels using a patent-pending blend of heart-healthy phytosterols and omega-3s,** plus heart-healthy CoQ10 and alpha lipoic acid.†

Caution: Consult with your doctor before using this product if you are under a doctor's care for a heart-related condition and before discontinuing any medications. Keep out of reach of children. Tamper-evident inner seal. If broken, do not accept. Store in a cool, dry place.

*Foods and supplements containing at least 400 mg per serving of plant sterol esters, eaten twice a day with meals for a daily intake of at least 800 mg, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A daily serving (4 softgels) of Phytomega supplies 2000 mg of plant sterol esters.

†Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. A daily serving (4 softgels) of Phytomega provides 330 mg of EPA and 220 mg of DHA omega-3 fatty acids.

‡These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.