

# FIBERWISE ORANGE

## FIBER DRINK SUPPLEMENT

NATURALLY FLAVORED, GLUTEN-FREE

**Directions:** Mix 2 rounded scoops of FiberWise with 8-12 fl. oz. of water. For a half serving, mix 1 rounded scoop with 4-6 fl. oz. of water. Shake or stir briskly and drink promptly.

**Notice:** Taking this product without enough liquid may cause choking. If mixture thickens, add more liquid and stir. Do not take this product if you have difficulty swallowing. Children under 18 years: consult your physician.

**Allergy Notice:** Inhaled or ingested psyllium powder may cause an allergic reaction in people sensitive to psyllium.

Made in a facility that also processes soy, milk, shellfish, and tree nuts (yichee).

## Supplement Facts

Serving Size 2 Scoops (27 g)  
Servings Per Container 30

|                                         | Amount Per Serving   | % Daily Value*   |
|-----------------------------------------|----------------------|------------------|
| Calories                                | 60                   |                  |
| Total Fat                               | 1 g                  | 1% <sup>†</sup>  |
| Total Carbohydrate                      | 23 g                 | 8% <sup>†</sup>  |
| Dietary Fiber                           | 13 g                 | 46% <sup>†</sup> |
| Soluble Fiber                           | 10 g                 | **               |
| Insoluble Fiber                         | 3 g                  | **               |
| Total Sugars                            | 8 g                  | **               |
| Includes 7g Added Sugars                |                      | 14%              |
| Vitamin A (retinyl palmitate)           | 450 mcg              | 50%              |
| Vitamin C (ascorbic acid)               | 40 mg                | 44%              |
| Vitamin E (dl-alpha tocopheryl acetate) | 8 mg                 | 53%              |
| Folate (folic acid)                     | 170 mcg DFE          | 43%              |
|                                         | (100 mcg folic acid) |                  |

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|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|----|
| <b>Proprietary Blend</b>                                                                                                                                                                                                                                                                                                                                                                                                                                         | 18 g | ** |
| <small>Multivitamin, psyllium seed husk, oat fiber, rice bran, chicory root fiber, fructooligosaccharides, apple fiber, Lactobacillus acidophilus, green tea Camellia sinensis (leaf extract), grape (Vitis vinifera) (leaf extract), barberry (Berberis vulgaris) (leaf extract), rosemary (Rosmarinus officinalis) (leaf extract), ginger (Zingiber officinale) (leaf extract), Aloe vera (leaf extract), licorice (Glycyrrhiza glabra) (leaf extract)</small> |      |    |

\*Percent Daily Values are based on a 2,000 calorie diet. \*\*Daily Value not established.

**Other Ingredients:** Fructose, natural flavors (from oranges, with other natural flavors), citric acid, benzoic acid, potassium citrate, pectin (for color), potassium citrate, silicon dioxide.  
**Contains:** Soy.