

MULTIVITAMINS

DIRECTIONS: Adults and Children 4 years of age and older - Chew one tablet daily, preferably with food, as a dietary supplement.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%DV for Adults and Chidren 4 years of Age and Older	
Total Carbohydrate	<1g	41
Total Sugars	<1 g	**
Includes <1 g Added Sugars		2%*
Vitamin A 620 mcg R/ (as retinyl acetate and 35% as beta caroten	AE‡ (2,500 IU)	70%
Vitamin C (as ascorbic acid)	60 mg	70%
Vitamin D (as ergocalciferol) 10	mca (400 IU)	50%
Vitamin E (as dl-alpha tocopheryl acetate)	7 mg (15 IU)	45%
Vitamin B1 (thiamin) (as thiamine mononitrate)	1.05 mg	90%
Vitamin B2 (riboflavin)	1.2 mg	90%
Vitamin B3 (as niacinamide)	13.5 mg NE#	80%
Vitamin B6 (as pyridoxine hydrochloride)	1.05 mg	60%
Folate 500 mcg DFFT (300		130%
Vitamin B12 (as cyanocobalamin)	4 mcg	170%
*D		

*Percent Daily Values are based on a 2,000 calorie diet. "Daily Value not established.

OTHER INGREDIENTS: Sucrose, mannitol, stearic acid, natural and artificial flavors, magnesium stearate, silica, FD&C Blue #2, FD&C Red #40 Lake, FD&Č Yellow #6.

TOFE - Dietary Folate Equivalents #NE - Niacin Equivalents FRAF - Retinol Activity Equivalents

ALLERGEN CERTIFICATION - This product contains soy.

GUARANTEED NO ADDED - Yeast, Wheat, Dairy, Fish, Tree Nuts, Peanuts, Egg, Fragrance, Crustacean Shellfish, Sodium, Corn. Gluten, Animal Products.

CAUTION: If you are pregnant, nursing, taking any medications or have any medical condition, consult your physician before use. Discontinue use and consult your physician if any adverse reactions occur. Keep out of reach of children.

TAMPER-EVIDENT SEAL: Do not use product if seal appears tampered.

Store in a dry place under controlled room temperature: 20° - 25°C (68° -77°F).

Manufactured in the USA for: MASON VITAMINS, INC. Miami Lakes, FL 33014 1-888-860-5376 • www.MasonVitamins.com

Mason Natural[®] is a registered trademark and does not refer to any product or Ingredient claim.