

**MASON**  **natural**<sup>®</sup>  
EST. 1967

**VITAMIN B1**  
**100 MG**

**MAY SUPPORT**

**CONVERSION OF  
FOOD INTO ENERGY\***

**100 TABLETS • DIETARY SUPPLEMENT**

**DIRECTIONS:** Adults - Take one tablet daily, preferably with food, as a dietary supplement.

## Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Calcium (as dicalcium phosphate)	35 mg	2%
Vitamin B1 (as thiamine hydrochloride)	100 mg	8,330%

**OTHER INGREDIENTS:** Microcrystalline cellulose, stearic acid, croscarmellose sodium, magnesium stearate, silica.

\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.  
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

LOT/EXP. DATE

**GUARANTEED NO ADDED:** Sugar, Starch, Wheat, Corn, Dairy, Yeast, Soy, Egg, Fragrance, Artificial Colors or Flavors, Preservatives. Sodium Free.

**CAUTION:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your physician before use. Discontinue use and consult your physician if any adverse reactions occur.

Keep out of reach of children.

**TAMPER-EVIDENT SEAL:** Do not use product if seal appears tampered.

Store in a dry place under controlled room temperature: 20°- 25°C (68°-77°F).

Manufactured in the USA for:

**MASON VITAMINS, INC.** Miami Lakes, FL 33014  
1-888-860-5376 • [www.MasonVitamins.com](http://www.MasonVitamins.com)



SOY FREE

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