

Prod # 8891

**DIRECTIONS:** As a dietary supplement, take one tablet two times daily. More tablets may be taken if desired, or as directed by a health care professional.

**CAUTION:** Pregnant or lactating women should consult a doctor before use. If you are under medical supervision, please consult a doctor before use. Discontinue use and consult a doctor if any adverse reactions occur.

**Other Information: NOTICE:** Take this product with 8 ounces of fluids. Taking this product without adequate fluid may cause the possibility of choking. Do not use this product if you have difficulty swallowing. If you experience chest pain, vomiting or difficulty in swallowing or breathing after taking this product, seek immediate medical attention. Do not take before sleeping. Fiber products can affect the absorption of many medications. Do not take this product within 1.5 hours of taking medications.

**KEEP OUT OF THE REACH OF CHILDREN.**  
**STORE IN A COOL, DRY PLACE**

Oat Bran Tablets | ...High Potency Formula  
New

tnvitamins®

# OAT BRAN TABLETS



1000 MG

100 TABLETS

Dietary Supplement

## Supplement Facts

Serving Size: 1 Tablet  
Servings per Container: 100

| Amount Per Serving          | % DV      |
|-----------------------------|-----------|
| Oat Bran                    | 1000 mg * |
| (Avena sativa) (Whole Oats) |           |

\* Daily Value (DV) not established

Other Ingredients: Microcrystalline Cellulose, DiCalcium Phosphate, Silica, Maltodextrin, Magnesium Stearate, Stearic Acid, Croscarmellose Sodium, Pharmaceutical Glaze.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Laboratory tested and manufactured for:

**TOTAL NUTRITION, INC.**

FARMINGDALE, NY 11735 (631) 694-9777 USA