



Vitamin B Complex Maxi

energy metabolism support*

DIETARY SUPPLEMENT
140 Softgels

Supplement

Serving Size 2 Softgels
Servings Per Container 70

Amount Per Serving

Calories 10

Calories from Fat 5

Total Fat 0.5 g

Thiamin (Vitamin B-1) 15 mg

Riboflavin (Vitamin B-2) 17 mg

Niacin 200 mg

Vitamin B-6 20 mg

Folic Acid 400 mcg

Vitamin B-12 60 mcg

Pantothenic Acid 100 mg

B Complex Base Blend 600 mg

Choline Bitartrate, Inositol, Para-Aminobenzoic Acid (PABA)

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

INGREDIENTS: SOYBEAN OIL, GELATIN (BOVINE), GLYCERIN, NIACINAMIDE, CALCIUM PANTOTHENATE, SOY LECITHIN, PYRIDOXINE HYDROCHLORIDE, SILICA, CARAMEL COLOR, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID, CHOLINE BITARTRATE, INOSITOL, PARA-AMINOBENZOIC ACID (PABA), CYANOCOBALAMIN.
CONTAINS: SOY.

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CINCINNATI, OHIO 45202

Gluten Free

SUGGESTED USE: Take two (2) softgels daily with a full glass of water, preferably after a meal.