



wild berry
flavor!
artificial
flavors

Super **B** Complex with Vitamin C

quick dissolve
supports energy metabolism*

100% daily value of eight
B vitamins + vitamin C

DIETARY SUPPLEMENT
60 Quick Dissolve Tablets

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 60

Amount Per Serving	% Daily Value
Total Carbohydrate less than 1 g	
Vitamin C (as Sodium Ascorbate) 90 mg	
Thiamin (Vitamin B1 as Thiamin Mononitrate) 1.2 mg	
Riboflavin (Vitamin B2) 1.3 mg	
Niacin (as Niacinamide) 16 mg	
Vitamin B6 (as Pyridoxine Hydrochloride) 1.7 mg	
Folate (240 mcg folic acid)	
Vitamin B12 (as Cyanocobalamin) 2.4 mcg	
Biotin 30 mcg	
Pantothenic Acid (as d-Calcium Pantothenate) 5 mg	
Sodium 10 mg	less than 1%