



Simple Truth® Prenatal Once Daily Description

Free From 101 Artificial Preservatives & Ingredients
Nutritional Support Before, During and After Pregnancy
Vegetarian
Gluten Free
Formulated For Mom & Baby

Gentle one-per day
Science-supported formulation
Simple, convenient & nutrient-rich

Perfect for women seeking a simple yet effective one-per-day prenatal multivitamin/mineral, our Prenatal Daily is designed to meet many of the nutrient needs of women before, during and after pregnancy (and during breast-feeding). Each lot is tested for proper tablet breakdown in the stomach.

Contains NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean shellfish or fish.

Directions

Suggested Use: Before, during, and after pregnancy (and/or while breast feeding) take one tablet daily. Pair with a calcium supplement to meet the full recommended daily intake.

Free Of

Artificial colors, flavors, or preservatives, wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean shellfish or fish.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Warnings

Must be stored with cap on tightly in a cool, dry place. Do not use product if the tamper-resistant shrink band around the bottle or the printed inner seal beneath the cap appears to have been tampered with or is missing.

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately

Supplement Facts

Serving Size: 1 Tablet
Servings per Container: 60

	Amount Per Serving	% Daily Value
Vitamin A (20% as palmitate, 80% as beta-carotene)	5200 IU	70%
Vitamin C (as calcium ascorbate)	60 mg	100%
Vitamin D3 (as cholecalciferol from lanolin)	400 IU	100%
Vitamin E (as d-alpha tocopheryl succinate)	30 IU	100%
Thiamine (as thiamine mononitrate)	1.7 mg	100%
Riboflavin	2 mg	100%
Niacin (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxine HCl)	2.5 mg	100%
Folic Acid	800 mcg	100%
Vitamin B12 (as cyanocobalamin)	8 mcg	100%
Biotin	300 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	10 mg	100%
Calcium (from calcium citrate, dibasic calcium phosphate, ascorbate and pantothenate)	232 mg	20%
Iron (from ferrous fumarate)	27 mg	150%
Phosphorus (from dibasic calcium phosphate)	76 mg	8%
Iodine (from potassium iodide)	150 mcg	100%
Magnesium (from magnesium oxide)	100 mg	25%
Zinc (from zinc gluconate)	11 mg	70%
Copper (from zinc gluconate)	1 mg	50%
Selenium (from l-selenomethionine)	60 mcg	*
Manganese (from manganous gluconate)	2 mg	*
Chromium (from chromium chloride)	30 mcg	*

*Daily value not established.

Other Ingredients: Cellulose, stearic acid (vegetable source), modified cellulose gum, silica, magnesium stearate (vegetable source) and glycerin.