



value  
size

# Fish Oil

## 1,200 mg

per softgel

Supplies 360 mg Omega-3 Fatty Acids

Purified to Reduce Contaminants

# heart support\*

## DIETARY SUPPLEMENT

250 Softgels

## Supplement Facts

Serving Size 1 Softgel  
Servings Per Container 250

Amount Per Softgel

Calories 10

Total Fat 1 g

Saturated Fat 0.5 g

Cholesterol 10 mg

Fish Oil† 1,200 mg  
supplying 360 mg Omega-3 Fatty Acids† including:  
Eicosapentaenoic Acid (EPA)†  
Docosahexaenoic Acid (EPA)†

†Percent Daily Values are based on a 2,000 calorie diet.

††Daily Value not established.

INGREDIENTS: FISH OIL, NATURAL MIXED TOCOPHEROLS; PORCINE GELATIN, GLYCERIN, PURIFIED WATER  
CONTAINS: FISH (ANCHOVY, HERRING, MACKEREL, SARDINE).

Supplement Form

DISTRIBUTED BY THE KROGER CO., CINCINNATI, OHIO 45202

Gluten Free

SUGGESTED USE: Take 1 softgel three times daily with a full glass of water, preferably after meals.

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE AWAY FROM A SOURCE OF LIGHT AND HEAT, AT TEMPERATURES BETWEEN 68-86°F (15-30°C) AND RELATIVE HUMIDITY OF LESS THAN 50%. TAMPER RESISTANT: DO NOT USE IF SEAL BREAKS OR IS BROKEN OR MISSING.