

SAME ORIGINAL FORMULA

We love sharing natural and simple products, empowering individuals worldwide to live a life of health and wellness.

Konsyl Daily Psyllium Fiber is a superior product, made from one all-natural, plant-based ingredient that helps support your digestive health.

EVERY BODY NEEDS FIBER

DIRECTIONS:
MIX
1 TEASPOON (1g) WITH AT LEAST
8 FLUID OUNCES
(A FULL GLASS)
OF WATER
OR YOUR
FAVORITE BEVERAGE

-  Helps Support Digestive Health
-  Helps Support Healthy Weight*
-  Helps Support Healthy Blood Sugar Levels*






*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Konsyl

DAILY PSYLLIUM FIBER

Simply 1 Ingredient

Made From Nature
All-natural

-  VEGAN
-  NON GMO
-  SUGAR FREE
-  GLUTEN FREE
-  PAREVE PASSOVER

Supplement Facts

Serving Size 1 teaspoon (6g)
Servings Per Container 67

Amount Per Serving	% Daily Value
Calories 20	
Total Carbohydrate 5g	2%*
Dietary Fiber 5g	20%*
Soluble Fiber 3g	†
Iron 1mg	6%*

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

INGREDIENT: POWDERED PSYLLIUM HUSKS
MANUFACTURED FOR
KONSYL PHARMACEUTICALS, INC. EASTON, MD 21601
PRODUCT OF INDIA
WWW.KONSYL.COM ©KONSYL PHARMACEUTICALS, INC.

Directions: Adults and children 12 years and over: One teaspoon 1 to 3 times daily. Children 6 to under 12 years of age: 1/2 teaspoon 1 to 3 times daily. Follow with additional fluid to aid product action, before or after meals, mornings or evenings. Children under 6 years of age: consult a doctor. **Notice:** This product should be taken with at least a full glass of liquid. Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention. **WARNING:** This product can expose you to chemicals including lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information, go to www.P6Warnings.ca.gov. Read entire label. **Allergy Alert:** Inhaled or ingested psyllium powder may cause an allergic reaction in people sensitive to psyllium.

Questions or Comments? To report a serious adverse event or if you have any questions or comments, contact +1-410-822-5192.

LOT D00101U
EXP 04/2022 6



POWDERED FIBER SUPPLEMENT NET WEIGHT 14.2 OZ (402g)