

SUGGESTED USE: Take 1 capsule daily, preferably with a meal or as directed by a healthcare professional. Do not exceed 2 capsules per day.

CAUTION: Pregnant or nursing mothers, children under 18, and individuals with a known medical condition or taking any medication should consult a physician before using this or any dietary supplement.

**KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.**

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**



X0029QMJPN



Sunergetic

METHYL FOLATE



METABOLICALLY ACTIVE
FOLATE*

WITH VITAMIN B12 & B6

SUPERIOR BIOAVAILABILITY

60 CAPSULES | DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving		%Daily Value
Vitamin B ₆ (from pyridoxal 5-phosphate)	8 mg	471%
Folate (as L-5-Methyltetrahydrofolate Calcium) (MagnaFolate® Pro)	400 mcg DFE	100%
Vitamin B ₁₂ (from methylcobalamin)	500 mcg	20,833%

Other ingredients: Microcrystalline cellulose (plant source), hydroxypropyl methylcellulose (vegetarian capsule), and magnesium stearate (vegetable source).

Made without: dairy, gluten and , soy.

Manufactured for & Distributed by:
Sunergized LLC/Woodbury, NY 11797
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