

#1 PHARMACIST
RECOMMENDED*

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List No. 2602
L34
Cat. A555
5A009

Nature Made Fish Oil
supply comes from deep
ocean waters. Our fish
oil is not supplied from
farm raised fish.

*State-of-the-art
purification processes
are used to remove
PCBs, dioxins and
toxins, and mercury to
ensure purity levels
below 0.01 ppm, 2 ppt
WHO TEs, and
0.1 ppm respectively.


Nature Made

Fish Oil

1200 mg

360 mg OMEGA-3

+ Vitamin D 1000 IU

**PURIFIED TO
REMOVE MERCURY†**

**DIETARY SUPPLEMENT
90 LIQUID SOFTGELS**

**Healthy
Heart Nutrient
Combination†**

**May Reduce
Heart Disease
Risk**

(See back panel)



Enter Code for Wellness
Rewards Points at
www.NatureMade.com

Fish Oil and Vitamin D is a powerful combination of heart healthy ingredients. Vitamin D deficiency has been linked to cardiovascular health, while the consumption of Omega-3 Fish Oil has clinically shown heart health benefits.†

Supplement Facts

Serving Size 2 softgels

Servings Per Container 45

Amount Per Serving	% Daily Value
Calories 25	
Calories from Fat 20	
Total Fat 2 g	3%**
Saturated Fat 0.5 g	3%**
Polysaturated Fat 1 g	
Monounsaturated Fat 0.5 g	
Cholesterol 25 mg	5%**
Total Carbohydrate 1 g	less than 1%**
Vitamin D3 (Cholecalciferol) 2000 IU	500%
Fish Oil Concentrate 3400 mg	*
Total Omega-3 Fatty Acids 720 mg	*
Omega-3 EPA & DHA 600 mg	
Omega-3 Other 120 mg	

*Daily Value not established.

**Percent Daily Values are based on a 2,000 calorie diet.

Supportive but not conclusive research shows that consumption of EPA and DHA Omega-3 fatty acids may reduce the risk of coronary heart disease. (See nutrition information for total fat, saturated fat and cholesterol content).

Omega-3 fatty acids also help maintain triglyceride levels.†

**No Artificial Colors • No Artificial Flavors
No Preservatives • No Yeast, Starch or Gluten**

SUGGESTED USE: Take 2 softgels daily with a meal. Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

Caution: If you are pregnant or nursing, taking medication, facing surgery, have bleeding problems, or undergoing any other treatment which may affect the ability of blood to clot, consult your physician before taking this product.

OTHER INGREDIENTS: Gelatin, Glycerin, Water, Tocopherol.

CONTAINS: Fish (Anchovy, Sardine, Mackerel) and Soy.

Distributed by:
Nature Made Nutritional Products,
Mission Hills, CA 91346-0606, U.S.A.
1-800-276-3876 • www.NatureMade.com

Fish Oil with Vitamin D liquid softgels are made to Nature Made's guaranteed purity and potency standards.

†Based on 2011 Pharmacy Times Survey of pharmacists recommending Omega-3/Fish Oil Supplements

‡Valid only for U.S. and Puerto Rico residents.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot:
Exp: