

Quality Guaranteed

This product has been manufactured and packaged in strict conformance with industry and government standards.

FOIL-TAMPER RESISTANT SEAL

If printed heat induced seal appears to be tampered with, do not use product.

Directions: Adults, take one tablet, two times daily as a dietary supplement, preferably with meals. It is recommended that adults take 1200mg elemental Calcium per day.

**Regular exercise and a healthy diet with enough calcium helps teen, young adult and post menopausal women maintain good bone health and may reduce their risk of osteoporosis later in life. Vitamin D improves Calcium absorption.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Store in a dry place under controlled room temperature: 20° - 25°C (68°-77°F).
Keep Out of the Reach of Children.

nature's measure

Calcium 600 + D³

May help prevent osteoporosis**
and builds strong bones*



DIETARY SUPPLEMENT

30 tablets

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin D3 (cholecalciferol)	5 mcg(200 IU)	25%
Elemental Calcium (as calcium carbonate)	600 mg	45%

Other Ingredients: Maltodextrin, Hypromellose, Mineral Triphosphate, Titanium Dioxide, Glycerin, Polyethylene Glycol, Polysorbate, Croscarmellose Sodium, Carnauba Wax, FD&C Yellow #6 Lake, Gelatin, Egg, Fragrance, Artificial Flavors and Preservatives. Sodium Free.

GUARANTEED NO ADDED: Sugar, Yeast, Wheat, Dairy, Gluten, Egg, Fragrance, Artificial Flavors and Preservatives.

Precautions: As with any supplement, check with your doctor or pharmacist if you are pregnant or nursing or are on any medication, do not consume this product.

Warning: This product may contain a chemical known to the State of California to cause birth defects or other reproductive harm.

LOT/EXP. DATE

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