

## Quality Guaranteed

This product has been manufactured and packaged in strict conformance with industry and government standards.

**FOIL-TAMPER RESISTANT SEAL**  
If printed heat induced seal appears to be tampered with, do not use product.

**Directions:** Adults take only one tablet daily as a dietary supplement preferably with a meal.

**Warning:** If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Store in a dry, controlled room environment.  
**Keep Out of the Reach of Children.**

nature's measure<sup>®</sup>

# Hair, Skin & Nails

May support healthy hair, skin and nails\*

DIETARY SUPPLEMENT

30 tablets

## Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Biotin (d-Biotin) 800 mcg	266%
Calcium (dicalcium phosphate) 62 mg	6%

Other Ingredients: Microcrystalline Cellulose, Stearic Acid, Croscarmellose Sodium, Magnesium Stearate and Talc.

**GUARANTEED NO ADDED** Sugar, Sodium, Starch, Wheat, Corn, Dairy, Yeast, Egg, Soy, Fragrance, Artificial Colors or Flavors and Preservatives.

LOT/EXP. DATE

19390J/3-21



Rev.1  
DISTRIBUTED BY  
GREENBRIER INTERNATIONAL, INC.  
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1-888-860-5376  
MADE IN U.S.A.  
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