

Benefiber

PREBIOTIC
FIBER SUPPLEMENT

Assorted Fruit
Chewables

No Water
Required

Benefiber Chewable Tablets - all the goodness of Benefiber in a great-tasting, easy to take chewable tablet!

The fiber in Benefiber chewable tablets is 100% natural.

NOURISHES
GOOD
BACTERIA

What is Prebiotic Fiber?
Prebiotic fiber strengthens and **nourishes the good bacteria** in your gut to support an environment for good digestive health. What's good for your gut is good for you.*

• Sugar-Free • Gluten-Free

DIRECTIONS

Adults: Chew 3 tablets up to 3 times daily to supplement the fiber content of your diet.

AGE	SERVINGS
Adults and children 12 years and above	3 tablets up to 3 times daily [†]
Children 6 to 11 years	1½ tablets up to 3 times daily [†]
Children under 6 years	Ask your doctor

[†]Not to exceed 9 tablets per day
^{††}Not to exceed 4½ tablets per day

Tamper Evident Feature:

Do not use if printed inner safety seal under cap is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NEW LOOK!

NATURAL
FIBER
INGREDIENT

Benefiber

PREBIOTIC
FIBER SUPPLEMENT



NOURISHES
GOOD
BACTERIA*

Assorted Fruit
Chewables

Great Tasting & Sugar-Free!

100
CHEWABLE
TABLETS

Supplement Facts

Serving Size: 3 Tablets
Servings Per Container: 33

Amount Per Serving	%DV*
Calories 30	
Sodium 0 mg	0%
Total Carbohydrates 8 g	3%
Dietary Fiber 3 g	12%
Soluble Fiber 3 g	†
Sugars 0 g	†

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Ingredients: Wheat dextrin, sorbitol, corn starch, microcrystalline cellulose, dextrates, citric acid, natural and artificial flavor (soy), magnesium stearate, silicon dioxide, sucralose, aspartame**, acesulfame potassium, red 40 lake, yellow 6 lake, blue 1 lake
****PHENYLKETONURICS: CONTAINS PHENYLALANINE**

Keep out of reach of children. If you are pregnant or nursing a baby, ask a doctor before use.

Store at controlled room temperature 20-25°C (68-77°F).

L-0630-484-12-1UPC

REV A



13090

Benefiber guarantees your satisfaction or your money back.
Dist. by: GSK USA
Warren, NJ 07059
Ingredients owned or licensed by GSK
©2018 GSK or licensee.

1-800-452-0051