



## MICRONIZED CREATINE CAPSULES

### Supplement Facts

Serving Size 2 Capsules  
Serving Per Container 50

#### Amount per serving

|                      |        |
|----------------------|--------|
| Creatine Monohydrate | 2.5 g* |
|----------------------|--------|

\*Daily Value not established.

**OTHER INGREDIENTS:** Gelatin, Magnesium Stearate.

**DIRECTIONS:** Take 2 capsules with a meal twice daily.

**TIPS:** Consuming carbohydrates helps with muscle retention of creatine.

FOR MUSCLE  
BUILDING  
SUPPORT\*

100%

PURE CREATINE  
MONOHYDRATE  
SUPPORTS EXPLOSIVE  
MOVEMENTS WHEN  
USED AS DIRECTED\*

2.5g

PER SERVING  
SUPPORTS MUSCLE  
STRENGTH & POWER\*

BANNED  
SUBSTANCE  
TESTED



CREATINE SUPPLEMENT 100 CAPSULES

100%  
PURE CREATINE  
MONOHYDRATE

2.5g  
PER  
SERVING

BANNED  
SUBSTANCE  
TESTED



\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.