

SUGGESTED USE: Take one (1) capsule once or twice daily or as directed by a physician.

Caution: Keep out of reach of children. Pregnant or lactating women, those taking anti-depressant medication (SSRI's or MAOI's), or those with liver disorders should consult a physician before taking Mood Boost. Not intended to treat clinical depression or anxiety disorders. Discontinue use if you experience any negative side effects while using Mood Boost.

Do not use if outer seal is missing or damaged. Store in a dry, cool place.



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



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MOOD BOOST

**Dietary Supplement with
5-HTP, L-Theanine and
Magnesium**

Helps reduce stress & anxiety*

Promotes positive mood*

Supports improved sleep quality*

60 capsules

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

Amount Per Serving	% Daily Value	
Vitamin B-6 (as Pyridoxine HCl)	5 mg	294%
Magnesium (as Magnesium Citrate)	40 mg	10%
L-Tyrosine	150 mg	**
Ashwagandha Root Extract (min. 2.5% Withanolides)	100 mg	**
5-HTP (5-Hydroxy L-Tryptophan)	75 mg	**
Passionflower Aerial Part Extract (min. 3.5% Flavonoids)	75 mg	**
GABA (Gamma Amino Butyric Acid)	50 mg	**
L-Theanine	50 mg	**
Rhodiola Root Extract (min. 3% Rosavins and 1% Salidrosides)	25 mg	**
Chamomile Flower Extract	10 mg	**
Lemon Balm Herb Extract	10 mg	**
** Daily Value not established		

Other Ingredients: Vegetarian Capsule (Hypromellose), Organic Rice Bran Powder

MANUFACTURED IN THE USA FOR LES LABS, INC. LOS ANGELES, CA 91789. (877) 567-5370