

SUGGESTED USE: Take one (1) capsule once or twice daily. Optimum results after 2 months of continuous usage with two (2) capsules daily.

Caution: Keep out of reach of children. Those undergoing treatment for a medical condition should consult a physician before taking this supplement.

Do not use if outer seal is missing or damaged. Store in a dry, cool place.



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



LES LABS

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HAIR HEALTH

**Dietary Supplement with
Biotin, Hydrolyzed Keratin &
Bamboo Extract**

- Promotes hair growth and fullness*
- Helps reduce breakage and thinning*
- Promotes hair and nail strength*

60 capsules

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

Amount Per Serving	% Daily Value	
Vitamin A (as Beta Carotene)	750 mcg	83%
Vitamin E (as D-Alpha Tocopheryl Succinate)	10 mg	67%
Thiamin (Vitamin B1) (as Thiamine HCl)	5 mg	417%
Biotin	2500 mcg	8,333%
Pantothenic Acid (as D-Calcium Pantothenate)	10 mg	200%
Choline (as Choline Bitartrate)	20 mg	4%
Iodine (as Potassium Iodide)	75 mcg	50%
Zinc (as Zinc Glycinate)	15 mg	136%
Hydrolyzed Keratin	200 mg	**
MSM (Methylsulfonylmethane)	150 mg	**
Bamboo Stem Extract (min. 70% Silica)	150 mg	**
Pumpkin Seed Extract (min. 25% Fatty Acids)	100 mg	**
Inositol	50 mg	**

** Daily Value not established

Other Ingredients: Vegetarian Capsule (Hypromellose), Organic Rice Bran Powder

MANUFACTURED IN THE USA FOR LES LABS, INC. LOS ANGELES, CA 91789. (877) 567-5370