

SUGGESTED USE: Take one (1) capsule before sleep or as directed by a physician. May be increased to two (2) capsules during periods of elevated stress.

Caution: Keep out of reach of children. Those undergoing treatment for a medical condition should consult a physician before taking this supplement.

Do not use if outer seal is missing or damaged. Store in a dry, cool place.



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



LES LABS

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CORTISOL HEALTH

**Dietary Supplement with
Phosphatidylserine and
Ashwagandha**

Supports healthy adrenal function*

Helps reduce stress levels*

Promotes balanced cortisol response*

60 capsules

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

Amount Per Serving		% Daily Value
Magnesium (as Magnesium Citrate)	100 mg	24%
Ashwagandha Root Extract (min. 2.5% Withanolides)	125 mg	**
Phosphatidylserine (from Sunflower Seed Extract)	50 mg	**
Magnolia Bark Extract (min. 2% Honokiol)	50 mg	**
Rhodiola Root Extract (min. 3% Rosavins and 1% Salidroside)	25 mg	**

** Daily Value not established

Other Ingredients: Vegetarian Capsule (Hypromellose), Organic Rice Bran Powder

MANUFACTURED IN THE USA FOR LES LABS, INC. LOS ANGELES, CA 91789. (877) 567-5370