



DIRECTIONS:

For ages 12 years + take 1-2 tablets

Take 30 minutes prior to bed time. Chew tablet, hold in mouth for 15-30 seconds then consume. Ensure bedroom is dark. Enjoy peaceful, natural sleep!

Warning: Will cause drowsiness. Keep out of reach of children. Do not use if pregnant or lactating without the advice of your physician. Store at room temperature.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any



ADULT SLEEP QUICK MELTS

Melatonin & L-Theanine

Mint Bliss

30 Melts | Dietary Supplement

Supplement Facts

Serving Size: One (1) Tablet

Servings Per Container: 30

Amount per serving		% DV
Melatonin	3 mg	*
L-Theanine	100 mg	*

* Daily Value (DV) not established.

Other Ingredients: Stearic Acid, Xylitol, Magnesium Stearate, Stevia Reba, Silicon Dioxide, Mannitol, Croscopovidone

Distributed by:
Wink Naturals, LLC
American Fork, UT 84003
888-799-5656 Made in USA

R4/17