

**Suggested Usage:** Take 1 softgel daily with a fat-containing meal.

Ubiquinol is the reduced and active free radical quencher form of Coenzyme Q10 (CoQ10).\* CoQ10 is found in all cells of the body, with especially high concentrations in the heart, and is essential to mitochondrial energy production and functions as a powerful, fat soluble, free radical scavenger.\* These properties make Ubiquinol an ideal supplement for the support of energy production and free radical protection in the heart, vascular structures, brain, and neurons.\* Ubiquinol has been shown to be highly bioavailable and the addition of MCT Oil (medium chain triglycerides) to this product naturally improves its solubility and enhances intestinal absorption, thereby creating a product with superior biological value.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



CODE 3142



The Trusted Name In Natural Health Products™

**wholehealth**®

PREMIUM SUPPLEMENTS

**Ubiquinol**  
**100 mg**

**CARDIOVASCULAR HEALTH \***



- Active Form of CoQ10
- Highly Bioavailable

**60 Softgels**

A DIETARY SUPPLEMENT

## Supplement Facts

Serving Size 1 Softgel

### Amount Per Serving

Ubiquinol (Kaneka Ubiquinol™) (Reduced Form CoQ10)	100 mg*
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\* Daily Value not established.

Other ingredients: MCT Oil (medium chain triglycerides), Softgel Capsule (gelatin, glycerin, water, carob) and Beeswax.

MCT Oil from coconut/palm kernel oil.

Distributed by: WholeHealth Products, Santa Rosa, CA 95407  
www.WholeHealth.com . 1-866-381-7693

WholeHealth CoQ10 products contain only the natural all-trans form of CoQ10 produced by fermentation. Q+®, Kaneka Ubiquinol™ and the quality seal™ are registered or pending trademarks of Kaneka Corp.

**Natural color variation may occur in this product.**

Store in a cool, dry place after opening.  
Please Recycle.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do Not Eat Freshness Packet.  
Keep in Bottle.

