

SUGGESTED USE: As a dietary supplement take two (2) capsules once a day. For best results take 20-30 min before bedtime with an 8oz. glass of water or as directed by your healthcare professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

**KEEP OUT OF REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS
DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Lot # and expiration date printed on
bottom of bottle
26623-817 V1R0



N A T U R A L S L E E P B L E N D

PRIMAL
PHARM



**PROMOTES
ENHANCED
MOOD***



**PROMOTES
SLOW-WAVE,
DEEP SLEEP***



**OPTIMIZES
RELAXATION***



**60 Capsules
30 Day Supply**



**Dietary
Supplement**



Supplement Facts

Serving Size: 2 Vegetable Capsules

Servings Per Container: 30

	Amount Per Serving	%DV
Calcium (as Calcium Carbonate)	17 mg	1%
Vitamin B6 (Pyridoxine HCl)	1.8 mg	106%
Magnesium (as Megnesium Citrate)	13 mg	3%
Melatonin	10mg	**
Sleep Formula Proprietary Blend	905 mg	**

L-Tryptophan, Goji (Wolfberry)(*Lycium barbarum*)(berry), Chamomile (*Matricaria chamomilla*)(flower), Lemon Balm (*Melissa officinalis*)(aerial), Passion Flower (*Passiflora incarnata*)(flower), L-Taurine, Hops (*Humulus lupulus*)(flower), St. John's Wort (*Hypericum perforatum*)(aerial), GABA (Gamma aminobutyric acid), Skullcap (*Scutellaria baicalensis*)(root), L-Theanine, Ashwagandha (*Withania somnifera*)(root), Inositol, 5-HTP (*Griffonia simplicifolia*)(seed).

** Daily Value (DV) not established

Inactive Ingredients: Cellulose (Vegetable Capsule), Magnesium Stearate (Vegetable), Silicon Dioxide.

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